



The Heart Beat



Principal:
Vice-Principal:
School Council
Co- Chair:
Superintendent:

Mr. M. Kuntz
Mrs. L. Fischer

Mrs. J. Dally &
Mr. W. Poechman
Mr. G. Casey

Sacred Heart High School
450 Robinson Street, Box 1480
Walkerton, Ontario N0G 2V0

Director of Education: B. MacPherson
Trustees: D. Slosser
B. Eckensweiler
S. Finnie
F. Gross

December 2009

Advent Prayer

Jesus, we come to you with excited and grateful hearts as we journey through this season of Advent.
Thank you for this Advent time.
It's exciting to be nearing Christmas!
And it's good for us to slow down and enjoy each other more.
Fill us with your peace.
Make us better people.
Teach us to more deeply appreciate one another.
Help each of us to tell others more often how much they mean to us.
Make us aware that you walk with us each day.
Help us to be grateful and joyful.
Make our hearts strong and brave and generous.
We want to welcome you, Jesus.
Amen

Christmas Angel Tree

Sacred Heart High School will be participating in the 4th annual Christmas Angel Tree. This tree is designed to support students who have been identified by staff as needing a little extra over this Christmas season. Please feel free to contact the school for further information.



Happy Holidays!

The staff of Sacred Heart High School would like to wish everyone a Merry Christmas and a Happy New Year!

During the upcoming holiday season we encourage everyone to take time to reflect on the true meaning of Christmas.

May God Bless you and your family.

BUS CANCELLATIONS



Winter is here. In the event of inclement weather please listen to our local radio stations for bus cancellations. If all rural buses are cancelled and in-town buses are running, the school will remain

open for study purposes. If all buses are cancelled (both rural and in-town routes), the school will be closed.

GRADE 9 REGISTRATION FOR SEPTEMBER 2010

Grade 8 Parent Information Nights will be held at Sacred Heart on Thursday January 21st and Tuesday January 26th beginning at 7:00 p.m. All parents of Grade 8 students are encouraged to attend one of these evening sessions to learn more about Sacred Heart High School, programs, diploma requirements and course options.

If you know of a current grade 8 student interested in coming to Sacred Heart in September please pass this information along to them.

Late Taxi/Bus Schedule 2009-2010



Dec. 1,2,8,9,10,14,16,17
Jan. 4,5,7,11,12,13,19,20,21,27,28
Feb. 8,9,11,16,17,18,22,23,25



Telephone / Attendance: (519)881-1900 Fax: (519) 881-4819
Website: www.bgcdsb.org/~shhs Email: shhs@bgcdsb.org



COLLEGE AND UNIVERSITY APPLICATIONS

For students planning to apply to post secondary schools this year, the deadline for college applications is February 1, 2010 and the deadline for university applications is January 13, 2010. However, it is the hope of our Guidance Department that all applications will be completed prior to the Christmas Break. The PIN information required for the University application process is now available at the Guidance office. The OEN information required for the College application process is also available at the Guidance office.

TIMETABLE CHANGES FOR SEMESTER 2

If you need to make a timetable change for Semester 2, please make an appointment to see Mr. King, Mrs. Mount or Ms. Slosser prior to the start of Semester 2. Timetable changes will not be processed during the first week of Semester 2. If you are graduating and do not plan to return for Semester 2, please notify the guidance office.

YMCA EMPLOYMENT SERVICES

Graduating and Entering the Workforce? Graduating in January, but not heading to post-secondary until September? Interested in an Apprenticeship?

The Family YMCA Community and Employment Services can help you find a job. An Employment Counsellor from the YMCA comes to our school every week to meet with students. Appointments can be booked through the Guidance Office.

REPORT CARDS - RESPONSE FORM

If you have not returned page 2 of your report card to the school, please do so as soon as possible. Mid-Term Report Cards were distributed on November 18th.

MedQUEST Health Career Exploration Camp

MedQUEST Health Career Exploration Camp is scheduled to be held in Walkerton, during July 2010. Students who are currently in grades 10 and 11 are eligible to attend this camp. The online application process for MedQUEST runs from February to March 2010.



Students interested in learning more about the MedQUEST camp should inquire at the guidance office.

Student Cost Calculator

An online tool designed to help students estimate the cost and payment options for post-secondary education can be found at University Cost and Debt Calculator. www.investored.ca/tools-and-calculators/university-cost-and-debt-calculator.html. It approximates the annual total tuition costs for universities across Canada and helps students plan for the long term implications of debt. According to the Canadian Federation of Students, the average debt load for undergraduate university students in 2006, among those who had debt (59 per cent) was \$24,047. Student loans owed to the federal government increases by \$1.2 million each day and more than 350,000 students required assistance with post-secondary education cost in the last year alone.

BRUCE POWER CO-OP INFORMATION SESSION

Interested in Bruce Power Co-op next year? An information night for parents and students will be held at SHHS in the Seminar Room on Wednesday January 13th, 2010 at 7 p.m. All are welcome.

PLEASE CALL

If you know that your son or daughter will be away from school, PLEASE CALL and let us know. It saves our office staff a lot of time, and allows us to stay on top of attendance issues before they become major problems. Messages can be left 24-hours a day at 519-881-1900.



Telephone / Attendance: (519)881-1900 Fax: (519) 881-4819

Website: www.bgcdsb.org/~shhs Email: shhs@bgcdsb.org

EQAO GRADE 9 MATH TESTING

All students registered in Grade 9 Academic Math (MPM 1D) and Grade 9 Applied Math (MFM 1P) this semester will be writing the EQAO Grade 9 Mathematics assessment in class the week of January 18th to January 22nd. Attendance is mandatory for the testing. Please do not book appointments on these dates. Students taking grade 9 math second semester will write the assessment in June.

THE ONTARIO SECONDARY SCHOOL LITERACY TEST (OSSLT)

Students who are in Grade 10 (and those who did not successfully complete the test in previous years) will be writing the Ontario Secondary School Literacy Test on April 8th, 2010. Students should be preparing in advance to ensure that they are successful on the test. Sample preparation materials/questions from previous tests can be found on the EQAO Web Site at <http://www.eqao.com>. Students should check out the type of questions that they will face on the test and practice such question types so that there are no surprises on the test. Successfully completing the Literacy Requirement is mandatory to receive your Ontario Secondary School Diploma.

EXAM SCHEDULE

Exams for first term will be held from Friday January 29th to Wednesday February 3rd. Period 1 exams will be written on Day 1 (January 29th), Period 2 exams will be written on Day 2 (February 1st), Period 4 exams will be written on Day 3 (February 2nd), and Period 5 exams will be written on Day 4 (February 3rd). If any exam days are postponed due to weather cancellations, the postponed exams will be written on the next school day and the remaining exam schedule will be delayed by one day. Attendance for exams is mandatory. Please do not book any appointments on these dates.



DATES TO MARK ON YOUR CALENDAR

December 4 th	PA Day
December 9 th	School Council Meeting - 7 p.m.
December 14 th	Interim Reports sent home by classroom teachers
December 17 th	Advent Mass
December 18 th	Christmas Assembly
December 19 th	Christmas Break Begins
January 4 th	School Resumes
January 21 st & 26 th	Grade 8 Parent Information Nights - 7 p.m.
January 29 th	Exams Begin
February 8 th	Semester 2 Begins
April 8 th	Ontario Secondary School Literacy Test

Traditional Christmas Dinner

on
Wed. Dec. 16th 2009

\$6.00 tax included



Roast Turkey with cranberry sauce, roll, savory stuffing, turnip, mashed potatoes and gravy, garden vegetables, choice of dessert, beverage.

*Merry Christmas
from
Chartwells Cafeteria Staff*

SCHOOL COUNCIL

Our next School Council Meeting is scheduled for Wednesday December 9th, 2009 at 7:00 p.m. All are welcome.



Telephone / Attendance: (519)881-1900 Fax: (519) 881-4819

Website: www.bgcdsb.org/~shhs Email: shhs@bgcdsb.org

INCLEMENT WEATHER PLANS -

What will you do if your bus is stranded in Walkerton?

Students and parents are encouraged to develop contingency plans in the event that school buses get stranded in Walkerton at the end of the day due to inclement weather. Do you have a relative or friend in Walkerton that can take you in for the night if your bus is unable to leave Walkerton? Over the past number of years we have had a few occasions when some buses were unable to leave Walkerton due to road closures. Although such an occurrence is rare, it can happen, so we need to be ready for such an event.



Please note that with 800 students, it is impossible for everyone to make multiple phone calls to develop a plan at the last minute. Please develop a plan in advance so that you will know what you are going to do in such an event.

If you live in Walkerton and your family is willing to take in a billet in such circumstances please let the school know. Also, if you live outside Walkerton and don't know anyone in the town please let the school know so that we can help you develop a plan.

COMMUNITY SERVICE HOURS



Reminder - All students are required to complete 40 hours of volunteer community involvement prior to graduation. The forms to record these hours are available in the guidance office. Students are encouraged to hand in these completed sheets to the main office as they complete their hours.

VOLUNTEER AWARDS

The Ontario Ministry of Citizenship and Immigration is now accepting nominations for various awards to recognize volunteers. More information can be found at <http://www.citizenship.gov.on.ca/english/honours>.

DUAL CREDIT COURSE @ SHHS

A dual credit course will be offered at SHHS starting in February one evening each week. This credit will be taught by an instructor from Georgian College. The credit will count both towards your high school diploma and towards your college diploma. For more information or to fill out an application form, please visit our guidance office. Space is limited.

Dual Credit Opportunities 2010 through the partnership between the Bruce Grey Catholic District School Board, Bluewater District School Board and Georgian College, Owen Sound.

What is a dual credit?

Dual credits give secondary students the opportunity to sample college and gain credit in both secondary school and college. Students take a college credit from a college faculty member and must meet the requirements to pass.

If successful, they are given an optional credit at secondary school and are issued a college transcript. The course will be recognized at college if they choose to attend a program for which the course is a requirement. The course counts towards their secondary school diploma.

Dual credits give students the opportunity to sample post-secondary education, work in college labs, experience a new environment and build their confidence. Dual credits began in Ontario in 2005, with thousands of secondary students experiencing success.

Semester 2

Transitions through Night School:

Course Delivery Sites: Georgian College Owen Sound and secondary school location, Sacred Heart, Walkerton

College Course: Contemporary Issues in Ethics, General Education

Schools eligible: St Mary's, OSCVI, West Hill, Walkerton, John Diefenbaker, Sacred Heart

Transportation: not provided

Delivery: Evenings, one 3 hour class for 14 weeks, beginning February 10, 2010. Class begins at 6:30pm and ends at 9:30pm. Students should choose location.

Requirements: Senior students considering post-secondary, college pathway. Selection process based on student need.



Telephone / Attendance: (519)881-1900 Fax: (519) 881-4819

Website: www.bgcdsb.org/~shhs Email: shhs@bgcdsb.org

Royal Canadian Legion 2009 Remembrance Day Contest Results

The English department held its own contest in order to select entries for the Royal Canadian Legion Remembrance Day Contest. Unfortunately we did not receive entries for the Intermediate category. Here are the winners of the Senior categories.

Senior Poetry

- 1st place - Kyle Scheuerman
- 2nd place - Emily Holmes
- 3rd place - Aven Hoffarth

Senior Essay

- 1st place - Sarah Johnson
- 2nd place - Justin Reinhart
- 3rd place - Heather Kelly

The entries have been forwarded to the Royal Canadian Legion for judging. Good luck students. Thank you to all who participated.

HOBY Leadership Seminar Gr. 10 Students Eligible to Apply

Sacred Heart High School will be sending one gr. 10 student to the Hugh O'Brien Youth leadership (HOBY) Conference. This conference takes place the first weekend in May at Ridgetown College. HOBY motivates and develops future leaders, preparing them for positions in their schools and helping them expand the talents that will serve them and others in the future. The HOBY seminar was first introduced to Canada in 1981. Although HOBY originated in the U.S.A., these leadership seminars are totally Canadian in focus and content.

All gr. 10 students are invited to apply to attend this HOBY conference. There is no cost to the student for this weekend conference. Gr. 10 students from across southwestern Ontario will meet for this conference at Ridgetown College, April 30 to May 2, 2010.

CO-CURRICULAR INVOLVEMENT STILL THRIVING!

Congratulations to the students and staff of Sacred Heart High School for their active involvement in co-curricular activities. At the present time the following activities are underway:

Club/Activity - Teacher Contact	No. of Participants
Band - Mrs. King, Mr. Hicks, Mrs. Stanislow	30
Reach for the Top - Mrs. Hicks, Mr. Hicks	96
Cheerleading - Mrs. Stanislow, Mrs. Hicks	10
Yearbook - Mrs. Hicks, Mrs. Hopcraft, Miss Becker	20
OSAID - Mr.P. King	12
Student Activity Council - Mrs. Hicks, Mr. Striukas	59
Public Speaking - Mrs. Sakal	1
Drama Club - Cabaret - Mrs. Davidson, Ms. Voisin, Mrs. King	80
Robotics Club - Mr. Markauskas, Mr. Schnerch	20
Breakfast Club - Mr. Armstrong	40
Badminton Club - Mr. Gagnon	30
Girls' Hockey - Mr. Turcotte, Mr. Johnson	21
Boys' Hockey - Mr. Orr, Mr. Hambrock	23
Jr. Girls' Volleyball - Mrs. Wilkin	14
Sr. Girls' Volleyball - Mrs. Mount	13
Jr. Boys' Basketball - Mr. Striukas	12
Sr. Boys' Basketball - Mr. Dunn	14
Swimming - Mr. Kuntz	18
Youth For Life - Mr. P.King, Mrs. Vandenberg	12
Total	512

Way to get involved Sacred Heart!!!!

It's not too late to get involved in many of the clubs listed above. See the teacher listed above for more details.



Join the senior and junior dance classes on **Jan 13th, 2010** (Snow date Jan 14th). at Sacred Heart in the gym for a dynamic dance presentation. The senior and junior classes have been working hard to show case their technique and creativity. Tickets will be sold when we return in January. See you then, Ms Logue.

NEW

Telephone / Attendance: (519)881-1900 Fax: (519) 881-4819
Website: www.bgcdsb.org/~shhs Email: shhs@bgcdsb.org

Sacred Heart Girls' Hockey Team POINSETTIA SALES

We are sellin Poinsettias to help brighten your home / office for the upcoming Christmas Season. The reputation of our supplier is outstanding and the plants are generally large and bountiful of bloom.

Colours:	Red, White or Pink	
The Cost:	Single	\$8.50 (6.5" pot)
	Double	\$17.00 (8" pot)
	Triple	\$22.00 (10" pot)

Orders will be taken until **Wednesday, Dec. 3rd.**
Pick up **Tuesday, Dec. 8th or Wed. Dec. 9th.**

Thank you for your support,
The Girls' Hockey Team



Closing Curtain At The Heart



Sacred Heart High School's 19th annual [Cabaret production](#) took place on **Wednesday, November 25, 2009 at 7:30 p.m.** in the school auditorium.

Great talent was displayed by all the performers!

**STUDENTS - PLEASE TAKE THIS
NEWSLETTER HOME FOR YOUR PARENTS TO
READ EACH MONTH**

ARE YOU GRADUATING THIS YEAR?

Checklist for students planning to graduate this year:

- ➔ Make sure that your name is on the graduation list
- Check with Mrs. Mount
- ➔ Make sure that you have completed your 40 hours of Community Service and handed in all of the paperwork to Mrs. Stuempfle in the guidance office.
- ➔ Make sure that you will have 30 credits by the end of June
- ➔ Make sure that you have or will complete all the compulsory (required) credits for the Ontario Secondary School Diploma
- ➔ Make sure that you have written and passed the Literacy Test or that you have or will have successfully completed the Literacy Course by the end of June

Applying for college: The deadline for college applications is **February 1st, 2010**. However students are encouraged to complete their applications prior to the Christmas Break.

Applying for university: The deadline for university applications is **January 13th, 2010**. However students are encouraged to complete their applications prior to the Christmas Break.

Heading into the workforce: See Mr. King, Mrs. Mount or Ms. Slosser if you require assistance. They can inform you of services available to help you land that first job or apprenticeship opportunity.

**Financing University 101: A Workshop for
Students and their Families**

at

King's College in London

Saturday, Dec. 5, 2009

1:30 - 3:00 pm

NEW

Telephone / Attendance: (519)881-1900 Fax: (519) 881-4819

Website: www.bgcdsb.org/~shhs Email: shhs@bgcdsb.org



Senior Boys Hockey

The senior boys hockey team is off to a strong start to the 2009-10 BAA hockey season. The hockey Crusaders defeated the St. Mary's Mustangs in exhibition play 7-3. Sacred Heart recorded two straight victories to begin regular season play, 4-1 over the visiting Kincardine District Knights and then 5-2 against the host Georgian Bay Vikings. The puck Crusaders will also be participating in two tournaments in December: Norwell/Palmerston Dec 4&5; Whitby Dec 11-12.

The boys play their BAA league game Thursday at 2:00 at the Walkerton Arena.

A schedule and team roster can be found below.

Steve Wilkin	Wendell Cameron
Mitch Campbell	Jake Bross
Chris Flett	Reed Schuknecht
Andy Dentinger	Sean Costie
Ben Ratchford	Jordan Grubb
Jake Barclay	Andrew Walsh
Alex Kuntz	Ben Carroll
Cody Kupferschmidt	Eric Pereira
Nick Lang	Devlin Schellenberger
Chad Martin	Ryan Bross
Evan Bross	Brady Collins
Brad Pitt	

Home Games:

Thursday, Dec 3: Peninsula Shores (Wiarton) 2:00.
 Thursday, Dec 17: Walkerton District 2:00
 Thursday, Jan 7: John Diefenbaker 2:00.
 Thursday, Jan 14: Bruce Peninsula (Lions Head) 2:00.

Lady Crusader Hockey

The Lady Crusaders Hockey Team has started their season with 2 victories. In the opener Sacred Heart defeated Grey Highlands Lions by a 4-3 score.

SHHS opened the scoring at 3:50 into the opening period with Madison McFadden converting a pretty pass from Shae Busby. Lesa Kittel made the defensive pass up ice to earn the other assist.

Grey Highlands converted a Crusader giveaway with 1:11 remaining in the first, unassisted.

Colleen Parks, of Sacred Heart, replied with an unassisted tally midway through the second and McFadden scored her second a minute later. Busby and Ali Arthur assisted.

Midway through the third Sacred Heart went up 4-1 as Arthur completed a nice three-way passing play with Busby and McFadden assisting. As the Crusaders let up the Lions took advantage with two late goals. Final score 4-3 Sacred Heart.

The following week Sacred Heart Crusaders easily doubled up Bruce Peninsula 6-3

SHHS jumped out to a 4-0 first period lead and then the teams traded goals for the final two periods.

Scoring For SHHS

Missy Adams, Shae Busby and Madison McFadden all had a goal and an assist.

Janelle Ruetz, Ali Arthur and Sarah Durrer had single goals.

Lesla Kittel, Maddie Doerr and Katrina Wyatt had assists.

Michelle Grubb and Ella Dawley each played well in net with strong defence by Lesa Kittel and Rachael Diebold.

The next game is Wednesday Dec. 2 against West Hill in Owen Sound and Dec. 3rd the girls take part in the Listowel Lightning tournament.

Team Members are

Marielle Adams	Allana Durrer
Ali Arthur	Sarah Durrer
Allison Bross	Michelle Grubb
Shae Busby	Lindsay Kieffer
Ashlee Cameron	Jocelyn King
Holly Cameron	Lesla Kittel
Jessica Campbell	Madison McFadden
Shelby Collins	Colleen Parks
Ella Dawley	Janelle Ruetz
Rachael Diebold	Katrina Wyatt
Madison Doerr	

Full Schedule

Location		AWAY	VS	HOME
Wed. Nov. 18	2:00	GHSS	VS	SHHS
		Walkerton		
Tues. Nov. 24	2:00	BPDS	VS	SHHS
		Walkerton		
Wed Dec 2	2:00	SHHS	VS	WHSS
		Bayshore		
<i>Listowel Tourney Thurs Dec 3 in Listowel, Monkton, Kurtzville</i>				
Wed Dec 9	2:00	CDHS	VS	SHHS
		Walkerton		
Thurs Dec 10	2:30	SHHS	VS	KDSS
		Kincardine		
Wed. Dec 16	2:00	OSCVI	VS	SHHS
		Walkerton		
<i>Monday Dec. 28</i>	<i>5:00pm</i>	<i>Olympic Torch Run Game Walkerton</i>		
<i>SHHS Tourney Thurs. Jan 7</i>				
Wed Jan 13	1:30	SHHS	VS	SMHS
		Coliseum OS		
Tues. Jan 19 or <u>Feb. 9</u>	2:30	SHHS	VS	JDSS
		Ayton		

Playoffs to Follow



Telephone / Attendance: (519)881-1900 Fax: (519) 881-4819

Website: www.bgcdsb.org/~shhs Email: shhs@bgcdsb.org

Junior and Senior Girls' Volleyball

Both the junior and senior girls' volleyball teams began try-outs in mid-November and are presently involved in league play. Mrs. Wilkin and Mrs. Mount, the coaches of the junior and senior teams, would like to thank all of the students who attended the try-outs.

Junior Team

Missy Adams
Erin Cantlon
Olivia Eccles
Dallas Fahrler
Katie Grubb
Pam Howe
Amberley Keelan
Heather Kelly
Jocelyn King
Briana Lambertus
Lauren McLean
Taylor Summers
Claire Tomlinson
Katrina Young

Senior Team

Alanna Anstett
Lindsey Borth
Katie Brown
Becky Busby
Chloe Detzler
Carleen Eickmeier
Britt Gamble
Breann Glasier
Aven Hoffarth
Emily Holmes
Carly Moore
Erin Neil
Katrina Wyatt

League Games and Tournaments

Matches begin at 2 p.m.

Junior and Senior matches will be played at the same time during league play.

Teams

CDHS	Chesley District High School
JDSS	John Diefenbaker Secondary School
KDSS	Kincardine District Secondary School
SHHS	Sacred Heart High School
SDSS	Saugeen District Secondary School
WDSS	Walkerton District Secondary School

Thurs. Dec. 3	CDHS & KDSS at SHHS
Thurs. Dec. 10	SHHS & WDSS at JDSS
Fri. Dec. 11	Sr. Tournament At OSCVI (Owen Sound)
Sat. Dec.12	Jr. Tournament at OSCVI (Owen Sound)
Thurs. Dec. 17	SDSS & CDHS at SHHS
Thurs. Jan. 7	SHHS & JDSS at SDSS
Sat. Jan. 9	Sr. And Jr. Tournament at WHSS (Owen Sound)
Thurs. Jan. 14	SHHS & WDSS at KDSS
Tues. Jan.	SHHS & KDSS at CDHS
Sat. Feb. 6	Sr. Tournament at GDCI (Goderich)

Championships

Tues. Feb. 16	BAA Junior Championship (Hosted by North)
Wed. Feb. 17	BAA Senior Championship (Hosted by North)
Thurs. Feb.18	CWOSSA Qualifiers - Junior (Hosted by South)
Fri. Feb.19	CWOSSA Qualifiers - Senior (Hosted by South)
Thurs. Feb. 25	CWOSSA "AA" - OSCVI (Owen Sound)
Tues.-Wed. Mar.9-10	OFSAA "AA" - St. John Catholic H.S., Perth

Sacred Heart Cheerleading Team



The Sacred Heart Cheerleading team travelled to the University of Guelph on November 28th, to attend the 5th Annual Breath of Life Cheerleading Competition. The competition is held as a fundraiser for the Cystic Fibrosis Foundation and our team performed well. The cheerleading team placed 2nd and as a result, a \$50 donation was made to the Cystic Fibrosis Foundation in the team's name. The team is now preparing for their upcoming Regional Competition in Mississauga on February 27th, 2010.

Swimming

December 15th - Hanover Aquatic Center
February 9th - District 10 Meet - University of Guelph
February 17th - CWOSSA - Brantford



Telephone / Attendance: (519)881-1900 Fax: (519) 881-4819

Website: www.bgcdsb.org/~shhs Email: shhs@bgcdsb.org