



The Heart Beat



Sacred Heart High School
450 Robinson Street, Box 1480
Walkerton, Ontario N0G 2V0

Principal: Mr. M. Kuntz
Vice-Principal: Mrs. L. Fischer
School Council
Co- Chair: Mr. W. Poechman

Superintendent: Mr. G. Casey

Director of Education: B. MacPherson
Trustees: D. Slosser
B. Eckensweiler
S. Finnie
F. Gross



December 2010

Advent Prayer

Jesus, we come to you with excited and grateful hearts as we journey through this season of Advent.
Thank you for this Advent time.
It's exciting to be nearing Christmas!
And it's good for us to slow down and enjoy each other more.
Fill us with your peace.
Make us better people.
Teach us to more deeply appreciate one another.
Help each of us to tell others more often how much they mean to us.
Make us aware that you walk with us each day.
Help us to be grateful and joyful.
Make our hearts strong and brave and generous.
We want to welcome you, Jesus.

Amen

HAPPY HOLIDAYS!

The staff of Sacred Heart High School would like to wish everyone a Merry Christmas and a Happy New Year!

During the upcoming holiday season we encourage everyone to take time to reflect on the true meaning of Christmas.

May God Bless you and your family.



HOBY Leadership Conference Gr.10 Students Eligible to Apply

Sacred Heart High School will be sending one grade 10 student to the Hugh O'Brian Youth Leadership (HOBY) Conference. This conference takes place the first weekend in May at Ridgetown College. HOBY motivates and develops future leaders, preparing them for positions in their schools and helping them to expand the talents that will serve them and others in the U.S.A., these leadership seminars are totally Canadian in focus and content.

All grade 10 students are invited to apply to attend this HOBY conference. There is no cost to the student for this weekend conference. Grade 10 students from across Southwestern Ontario will meet for this conference at Ridgetown College, April 30 to May 2, 2011.

Application details were presented to the grade 10 classes during mid-November. The application for must be submitted at the guidance office by December 3, 2010. Further details regarding the HOBY conference are available through the guidance office.

LateTaxi/Bus



Dec. 1,2,6,7,8,14,15,16
Jan. 3,5,6,10,11,12,17,19,20,24,25,26
Feb. 7, 8, 9, 15, 16, 17, 22, 23, 24, 28
Mar. 1,2,8,9,10,21,23,24,28,29,30

Telephone/ Attendance: (519) 881-1900 Fax: (519) 881-4819/ shhs_attendance@bgcdsb.org

Website: <http://shhs.bgcdsb.org> Email: shhs@bgcdsb.org



SHHS Dance Class Performance

The dance classes of semester one will be performing their final dance pieces on Thursday January 13, 2011. We encourage members of the family and friends to come out and support the dancers of Sacred Heart High School. You will not be disappointed!



Where: SHHS Auditorium
When: Thurs. Jan 13, 2011
Time: 7:00 p.m.
Tickets at the door:
\$7.00 Adults
\$5.00 Students
Elementary & Pre-School
Children Free

Ramouth House

The Youth for Life Club and Mrs. Carroll's religion classes are collecting items for infants, mothers and food bank related goods for this Women's Shelter. What a great way to begin your Christmas Shopping! Items can be dropped off to Father Jason or Mrs. Carroll.

Library Corner News



The library staff would like to thank all students, parents and staff members who supported our recent book fair held November 15th to 18th. It was a great success for our first time and we will probably have one again next year. Lots of people were able to get some early Christmas gifts. The new Scholastic books that we were able to purchase should be on the book shelves soon. Hope you enjoy reading them.

OSAID

OSAID has been busy this year with many activities to promote safe driving among teenagers. We have fourteen student members and our two teacher representatives are Mrs. Carroll and Mme. Mayer.

OSAID MEMBERS 2010-2011

Riley Bell (Co-Chair)
Sarafina Pagnotta (Secretary, SAC Rep)
Julie Chesney (SAC Rep)
Winter Lamont
Victoria Keffer
Kyla Spielmacher
Bethany Weber
Meibh deRosenroll
Lisa-Marie Oberle
Samantha Belanger
Tanya Hagan
Rebecca Wood
Natasha Lenartowych
Jessica Tomie

Christmas Spirit Week

Monday Dec 13th – Friday Dec 17th

Mon. Dec 13th: Christmas Hat Day

Tues. Dec 14th: Red & White Day
(Gr. 9 & 11 wear white)
(Gr. 10 & wear red)

Wed. Dec 15th: Christmas Character Day
(Dress up as your favourite Christmas Character)

Thurs. Dec 16th: PJ Day

Fri. Dec 17th: Tacky Christmas Sweater Day

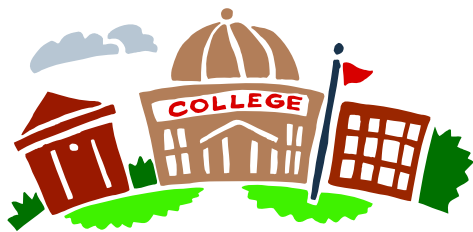


GRADE 9 REGISTRATION FOR SEPTEMBER 2011

Grade 8 Parent Information Nights will be held at Sacred Heart on Thursday January 20th and Monday January 24th beginning at 7:00 p.m. All parents of Grade 8 students are encouraged to attend one of these evening sessions to learn more about Sacred Heart High School., programs, diploma requirements and course options.

If you know of a current grade 8 student interested in coming to Sacred Heart in September please pass this information along to them.





COLLEGE AND UNIVERSITY APPLICATIONS

For students planning to apply to post secondary school this year, the deadline for college applications is February 1, 2011 and the deadline for university applications is January 12, 2011. However, it is the hope of our Guidance Department that all applications will be completed prior to the Christmas Break. The PIN information required for the university application process is now available to the Guidance Office. The OEN information required for the college application process is also available at the Guidance Office.

TIMETABLE CHANGES FOR SEMESTER 2

If you need to make a timetable change for Semester 2, please make an appointment with Mr. Coté, Mrs. Mount or Ms. Slosser prior to the start of Semester 2. Timetable changes will not be processed during the first week of Semester 2. If you are graduating and do not plan to return for Semester 2, please notify the guidance office.

COMMUNITY SERVICE HOURS

Reminder- All students are required to complete 40 hours of volunteer community involvement prior to graduation. The forms to record these hours are available in the guidance office. Students are encouraged to hand in these completed sheets to the main office as they complete their hours.



ARE YOU GRADUATING THIS YEAR?

Checklist for students planning to graduate this year:

- ➔ Make sure that your name is on the graduation list
 - Check with Mrs. Mount
- ➔ Make sure that you have completed your 40 hours of Community Service and handed in all of the paperwork to Mrs. Stuempfle in the Guidance Office.
- ➔ Make sure that you have 30 credits by the end of June
- ➔ Make sure that you have or will complete all the compulsory (required) credits for the Ontario Secondary School Diploma.
- ➔ Make sure that you have written and passed the Literacy Test or that you have or will have successfully completed the Literacy Course by the end of June.

Applying for College:

The deadline for College Applications is **February 1st, 2011**. However students are encouraged to complete their applications prior to the Christmas Break.

Applying for University:

The deadline for University Applications is **January 12th, 2011**. However students are encouraged to complete their applications prior to Christmas Break.

Heading into the workforce: See Mr. Coté, Mrs. Mount or Ms. Slosser if you require assistance. They can inform you of services available to help you land that first job or apprenticeship opportunity.

Royal Canadian Legion Public Speaking Contest

Students wishing to compete in this year's public speaking contest should see Mrs. Sakal in the library for rules and regulations. The date for the contest is Saturday, February 5th with a snow date of Saturday, February 12th. Students in grades 9 - 12 are eligible to compete. Start planning now and register with Mrs. Sakal as soon as possible.



Breakfast Club in Need of Financial Support

Breakfast Club provides a nutritious breakfast for any student that wants it on Tuesday, Wednesday, and Thursday from 8:15 a.m. to 9:00 a.m.



Fruit, juice, milk, bread, cereal, yogurt, and English muffins are offered. This year the grant we received from the government was reduced. As a result we are running out of money. Please consider providing financial support to this valuable program. For more information contact Mrs. Mason at 519-881-1900.

YELLOW RIBBON PROGRAM

The Yellow Ribbon Program will be introduced at SHHS at an assembly on December 6th. The Yellow Ribbon Program is a teen suicide prevention program. Barbara Lamoureux will be visiting our school to share her personal story. Since losing her son, Barbara has made it her mission to travel the country to make sure that no teenager ever takes their own life.

The Sacred Heart Parent Council will be supporting a community presentation in the evening that day. Barbara's presentation will be held in the school library beginning at 7 p.m. All community members are invited to attend.

SCHOOL COSTS

Our school recognizes that expenses for such things as field trip costs and other school fees can cause unnecessary stress in some households. If you find yourself in this position, please contact Mr. Kuntz (by phone or note) to see what arrangements can be worked out. Confidentiality will be maintained.

BUS CANCELLATIONS

Winter is rapidly approaching. In the event of inclement weather please listen to our local radio stations for bus cancellations.

FREE ONLINE MATH HOMEWORK HELP

Every grade 7 to 10 student in the Bruce-Grey Catholic District School Board has created their own username and password while registering onto Homework Help.

Students simply log-on to Homework Help at homeworkhelp.ilc.org and use an interactive chat room to obtain personalized one-on-one tutoring from a certified Ontario math teacher. The entire session is recorded and stored in the student's online locker to allow the student to review what they have learned.

This service is anonymous and the students are unable to chat to each other, making it a safe online environment.

Chats take place Sunday to Thursday between the hours of 5:30 – 9:30 p.m.

If any student has forgotten their username and/or password, they can re-register using their Ontario Education Number (OEN) and date of birth. This number can be found on old report cards or by contacting the school.

Parents are encouraged to visit the site and log on as a guest to see how the service works.

Feel free to contact the BGCDSB's eLearning Contact Mike Walter at mike_walter@bgcdsb.org to learn more.

DOMINICAN REPUBLIC MISSION TRIP

The students who will be going on the Dominican Republic Mission Trip this March have worked hard during the month of November to continue raising money for this worthy cause. They held a Spaghetti Dinner at Pizza Delight and raised over \$800 in profits. This was followed by the school's first annual Art Auction which raised over \$1000 in profits- all of which will go directly to the orphanage. The group will still accept cheques and donations for the month of December. All cheques should be made out to "FOTOCAN" (Friends of the Orphans Canada). Remember that a tax receipt can be issued for donations over \$20.

The next phase of our preparations will include the collection of gently used clothing, shoes, towels, etc. from January 3rd until February 14th. Our goal is for each participant to bring three full hockey bags of donations. If you have used items, they can be dropped off in the school chapel.

Thank you all for your ongoing, generous support. We are blessed to be a part of such a caring community.



GRADE 9 EQAO MATH ASSESSMENT - SEMESTER 1

All students registered in Grade 9 Academic Math (MPM 1D) and Grade 9 Applied Math (MFM 1P) this semester will be writing the EQAO Grade 9 Mathematics assessment in their math class the week of January 17th. Attendance on these dates is mandatory. Please avoid scheduling appointments during the math period. Students taking Grade 9 Math second semester will write the assessment in June.



THE ONTARIO SECONDARY SCHOOL LITERACY TEST (OSSLT)

Students who are in Grade 10 (and those who did not successfully complete the test in previous years) will be writing the Ontario Secondary School Literacy Test on March 31st, 2011. Students should be preparing in advance to ensure that they are successful on the test. Sample preparation materials/questions from previous tests can be found on the EQAO Web Site at <http://www.eqao.com>. Students should check out the type of questions that they will face on the test and practise such question types so that there are no surprises on the test. Successfully completing the Literacy Requirement is mandatory to receive your Ontario Secondary School Diploma.

A 5-session literacy test preparation course will be offered at Sacred Heart after-school in March if there is sufficient interest. Watch for more details in the January and February newsletters.

SCHOOL COUNCIL

Our next School Council Meeting will be held on Monday January 17th at 7:00 p.m. in the library. Everyone is welcome to attend.

EXAM SCHEDULE

Exams for first term will be held from Thursday January 27th to Tuesday February 1st. Period 1 exams will be written on Day 1 (January 27th), Period 2 exams will be written on Day 2 (January 28th), Period 4 exams will be written on Day 3 (January 31st), and Period 5 exams will be written on Day 4 (February 1st). If any exam days are postponed due to weather cancellations, the postponed exams will be written on the next school day and the remaining exam schedule will be delayed by one day. **Attendance for exams is mandatory.** Please do not book any appointments on these dates.

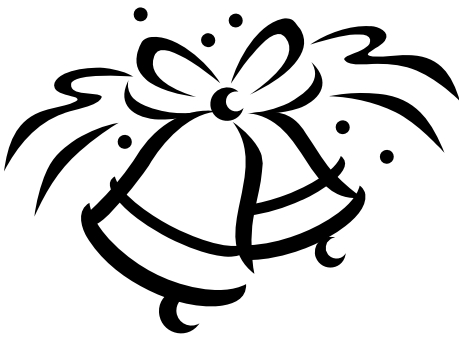
DUAL CREDIT COURSE @ SHHS

A dual credit course will be offered at SHHS starting in February one evening each week. This credit will be taught by an instructor from Georgian College. The credit will count both towards your high school diploma and towards your college diploma. For more information or to fill out an application form, please visit our guidance office. Space is limited.

REPORT CARDS - RESPONSE FORM

If you have not returned page 2 of your report card to the school, please do so as soon as possible. Mid-Term Report Cards were distributed on November 18th.





Wedding Bells Ring Out at “The Heart’s” Cabaret

Sacred Heart High School cordially invites you to the wedding of Jamie Falseman and Sheena Zane. On Wednesday, December 1st, 2010, the couple will be sharing their vows at 7:30 p.m. in the school auditorium at this year’s 20th annual Cabaret, *‘Till Talent Do Us Part; A Wedding At The Heart’*.

The plot of “Till Talent Do Us Part; A Wedding at the Heart” revolves around a couple on the eve of their wedding. The bride’s mother, Blue Zane, is a famous punk rock performer who also runs the Molten Rock Café. In honour of the wedding, she has hired a host of creative talent acts who are performing for the happy couple. Everything seems perfect! However, unknown to the couple, conflicts loom on the horizon. Not only has the crazed ex-fiancee tracked down the groom, but the in-laws begin to fight and threaten to ruin the wedding with their disputes. Throw into the mix, a long lost grandmother, a hassled wedding planner, a forgetful priest and the audience is sure to experience a romp like no other. As in past cabarets, the focus of the show will be on the array of talented students at “The Heart”. The various acts will include vocalists singing a range of contemporary and classical tunes. The audience will be wowed by acro-jazz, contemporary and step dancing, not to mention the various instrumentalists on piano, guitar and clarinet. As well, both the School Band and the Grade Nine Band will be playing a delightful mix of upbeat numbers sure to please crowds of all ages.

Of special note this year is that all proceeds from the sale of refreshments at intermission will go to the school’s Dominican Republic Mission Trip slated for March 2011. Any donations generated by the sale of refreshments or soap stone carvings will gladly be accepted. Donations over twenty dollars will be issued a tax receipt. As well, during intermission, audience members will be able to view a variety of art from the various art classes while they enjoy their refreshments in a creative atmosphere.

Tickets go on sale for this year’s Cabaret beginning November 5th, 2010 and can be purchased at the main office at Sacred Heart High School or at Holst Office Supplies. Admission prices are \$9.00 for Adults, \$5.00 for students/seniors and \$3.00 for children, 12 and under. Feel free to call the school at 519-881-1900 for more information.

So make sure you mark your calendars for this **Wednesday, December 1, 2010** as the candles have been lit, the flowers have been delivered, the talent is ready and the wedding song is about to start. Join in on the creative madcap adventure: “Till Talent Do Us Part; A Wedding at the Heart”!





GO SHHS GO



JR. AND SR. BOYS' BASKETBALL

Junior Team

Louis Kittel
 Josh Busby
 Colten Glasbergen
 Chris Vanderwal
 Mitch Clark
 J.P. Catelo
 Mitch Eckert
 Josh Koneckney
 Evan Chesney
 Anthony King
 Dan Miller
 Keith Hundt
 Tristan Senra

Senior Team

Mitch Bamsey
 Ben Carroll
 Dave Carroll
 Isaac Dales
 Sean Desjardins
 Alex Eckensweiler
 Riley Knox
 Brock Mount
 Jeff Ruttan
 Brennan Senra
Coach: Mr. M. Dunn

Coach: Mr. D. Striukas

Game Times: Sr. Game 4:00p.m., Jr. Game 5:30p.m.

JR. AND SR. GIRLS' VOLLEYBALL

Junior Team

Missy Adams
 Sydney Binkley
 Erin Cantlon
 Victoria Carroll
 Olivia Eccles
 Alyssa Inglis
 Winter Lamont
 Lauren McLean
 Amber Smolenaars
 Janelle Weber
 Katrina Wyatt
 Katrina Young

Senior Team

Jocelyn Brown
 Becky Busby
 Jessica Dettman
 Chloe Detzler
 Dallas Fahrer
 Brittany Gamble
 Breann Glasier
 Kate Grubb
 Pam Howe
 Heather Howe
 Briana Labertus
 Carly Moore
 Samantha Weber

LEAGUE GAMES AND TOURNAMENTS

Matches begin at 2:00 p.m.

Junior and Senior matches will be played at the same time during league play.

TEAMS

CDHS Chesley District High School
JDSS John Diefenbaker Secondary School
KDSS Kincardine District Secondary School
SHHS Sacred Heart High School
SDSS Saugeen District Secondary School

WDSS Walkerton District Secondary School

Tues. Nov 30 SHHS & SDSS @ KDSS
 Tues. Dec 7 KDSS & WDSS @ SHHS
 Thurs. Dec 9 SHHS & JDSS @ SDSS
 Fri. Dec 10 Sr. Tournament @ OSCVI (Owen Sound)
 Fri. Dec 10 Jr. Tournament @ Norwell DSS (Palmerston)
 Tues. Jan 4 SHHS & KDSS @ CDHS
 Sat. Jan 8 Jr. & Sr. Tournament @ WHSS (Owen Sound)
 Tues. Jan 11 SDSS & WDSS @ SHHS
 Thurs. Jan 13 SHHS & JDSS @ CDHS
 Sat. Feb 5 Jr. Tournament @ GDCI (Goderich)
 Sat. Feb 12 Sr. Tournament @ GDCI (Goderich)

GIRLS' VOLLEYBALL CHAMPIONSHIPS

Tues. Feb 15 BAA Junior Championship (Hosted by South)
 Wed. Feb 16 BAA Senior Championship (Hosted by South)
 Thurs. Feb 17 CWOSSA Qualifiers – Junior (Hosted by North)
 Fri. Feb 18 CWOSSA Qualifiers – Senior (Hosted by North)
 Thurs. Feb 24 CWOSSA “AA” – Norwell DSS (Palmerston)
 Tues. – Wed. March 8 & 9 OFSAA “AA” – Ottawa Nepean

SHHS GIRLS' HOCKEY 2010-2011 GAME

SCHEDULE

Tues. Nov 23: SHHS vs. GHSS @ 2pm AWAY
 Tues. Nov 30: SHHS vs. GBSS @ 1:30pm AWAY
 Thurs. Dec 2: Listowel Tournament 9am Kurtizville
 Thurs. Dec 9: SHHS vs. OSCVI @ 1:30pm Coliseum AWAY
 Wed Dec 15: SHHS vs. SMHS @ 2pm HOME
 Tues. Jan 4: SHHS vs. KDSS @ 2pm HOME
 Thurs. Jan 6 HOME Tournament
 Wed. Jan 12: SHHS vs. WHSS @ 2pm HOME

SWIMMING WINTER SCHEDULE

December 3rd: Hanover Aquatic Center
 February 8th: District 10 Meet :University of Guelph
 February 15th - CWOSSA - University of Guelph



BOYS' HOCKEY 2010-2011 SCHEDULE

Wed. Dec 1 WDSS @ SHHS
Fri. Dec 4 & Sat Dec 5 Norwell Tourn. (Palmerston)
Fri. Dec 10 KDSS @ SHHS
Wed. Jan 5 SHHS @ JDSS
Thurs. Jan 13 SHHS @ WDSS

PLAYOFFS

Week of Feb 7th : Quarterfinals
Week of Feb 14th : Semi- Finals
BAA Final: Mon. Feb 21st

GAMES TO DATE

SHHS 5 , Norwell 5
SHHS 8, JDSS 2
SHHS 4, KDSS 1

Cross Country Running Team

The SHHS Cross Country Running Team has an excellent season. A total of 28 team members spanned the 6 divisions of competition. Practices began in early September and four meets were attended throughout the month of October. Highlights of the season include first place team finishes for our Midget Boys and Junior Girls at the BAA Championships and a bronze medal for Hayley Fischer in the Junior Girls' division. Our combined girls' teams tied with Saugeen District S.S. and Kincardine District S.S. for overall points.

The team also had a strong showing at the CWOSSA Championship in Brantford on Oct 28th. Over 1,200 runners competed at this meet in a quest to qualify for the OFSAA Championships. Our runners displayed exceptional spirit and determination throughout the competition. Many personal best accomplishments were achieved by our team members.

Mrs. Mount and Mr. Hambrock would like to thank our runners for a tremendous season. We are proud of how each of you represented our school throughout the season.

GREY BRUCE GOOD FOOD BOX PROGRAMS

This is a fresh produce purchase and distribution system that makes purchasing fruit and vegetables easy and affordable.

Kincardine Good Food Box

Location: Knox Presbyterian Church
Time: Pick-up 3rd Tuesday of month
Cost: \$ 15.00
Contacts: Kim Williams 519-396 - 4360

Lucknow & Area Good Food Box

Location: Lucknow Christian Reform Church
Times: Pick-up 2nd Friday (10:30 -12:30)
Cost: \$15.00
Contact: Alice Burgsma 519-529-3110

Walkerton Good Food Box

Location: Knox Presbyterian Church
Time: Pick-up 3rd Friday of month
Cost: \$15.00
Contact: Robin Stuempfle 519 -366 - 1068

Hanover Good Food Box

Location: HARC Inc.
Times: Pick-p 3rd Thursday of month
Cost: \$15.00
Contact: Kathy Ackerman 519- 364-6100

Durham Good Food Box

Location: Foursquare Gospel Church
Time: Pick up 3rd Thursday of month
Cost: \$15.00
Contact: Elva Vessie 519-369-5363

Teeswater & Area Community Program

Location: Teeswater Town Hall
Time: Pick-up 2nd Tuesday of month
Cost: \$15.00
Contact: Sharon Yorke 519-392-6884

FORMOSA HOMECOMING TICKETS AND SOUVENIRS NOW ON SALE

Tickets and souvenirs for the Formosa Homecoming are now on sale just in time for Christmas. Upcoming Homecoming Store hours: Sunday November 28th - 12 p.m. to 2 p.m., Saturday December 4th - 10 a.m. to 12 p.m., Sunday December 5th - 12 p.m. to 2 p.m., Saturday December 11th - 10 a.m. to 2 p.m. and Sunday December 12th - 12 p.m. to 2 p.m. The Homecoming Store is located at 281 Concession 12 in Formosa in the studio in the home of Rob and Deb Illerbrunn. For more information about events and souvenirs visit our website <http://www.formosa2011.ca>.

UPCOMING EVENTS

December 1st	Cabaret - School Talent Show
December 6 th	Yellow Ribbon Program - Community Presentation - 7 p.m.
December 13 th	Interim Reports sent home by classroom teachers
December 14 th	Advent Mass
December 15 th	Christmas Assembly
December 18 th to January 2 nd	Christmas Break
January 17 th	Parent Council Meeting - 7 p.m.
January 20 th and 24 th	Grade 8 Parent Information Nights
January 27 th to February 2 nd	Semester 1 Exams
March 31 st	Literacy Test
June 29 th	Graduation 7 p.m.

STUDENTS - PLEASE TAKE THIS NEWSLETTER HOME FOR YOUR PARENTS TO READ EACH MONTH!

Telephone/ Attendance: (519) 881-1900 Fax: (519) 881-4819/ shhs_attendance@bgcdsb.org

Website: <http://shhs.bgcdsb.org> Email: shhs@bgcdsb.org

