



# The Heart Beat



Principal:  
Vice-Principal:  
School Council  
Chair  
Superintendent:

Mr. M. Kuntz  
Mrs. L. Fischer  
  
Mr. W. Poechman  
Mr. G. Casey

**Sacred Heart High School**  
450 Robinson Street, Box 1480  
Walkerton, Ontario N0G 2V0

Director of Education: B. MacPherson  
Trustees: D. Slosser  
B. Eckensweiler  
L. Di Castri  
F. Gross

February 2011

## St. Valentines's Day

Dear God,  
How do I love thee - let me  
count the ways.  
I love my life filled with  
hopes, dreams, joys,  
sorrows, fears, and success.  
I love my parents and family  
who support and encourage me.  
I love my friends who accept me for who I am  
and challenge me to become better.  
Believe it or not, I love school for it is preparing me for  
life.  
I love nature - its beauty and its tranquility.  
I love animals that become pets and others that enhance  
nature.  
I love good books, poems, jokes, movies and songs.  
I love dances and hanging out with friends.  
I love junk food and even food that I'm supposed to eat  
to stay healthy.  
I love having a clear mind and healthy body.  
I guess what I am saying is that I love all things created by  
you.  
I know you are the source of all love -  
for this I thank you.  
Happy Valentine's Day God! I love you.  
*Amen*



## NEW STUDENTS

A warm welcome to all  
new students joining us  
for Semester 2 at  
Sacred Heart High School. We are a great school and  
we are glad that you have decided to join us!



## LITERACY TEST PREPARATION

The Ontario Secondary School Literacy Test (OSSLT) will be written on the morning of March 31<sup>st</sup> this year. Successful completion of this test is the most common way for students to fulfill the literacy requirement which is needed by all students to be eligible for an Ontario Secondary School Diploma (OSSD). Literacy Test preparation materials can be found at <http://www.eqao.com> under "Student Resources".

After school literacy test preparation sessions will be held at Sacred Heart on the following Wednesdays—February 16, 23, March 2, 9, 23, and 30<sup>th</sup> from 3:30 p.m. to 5 p.m. in Room E110. Mrs. Sakal and Mrs. Muegge will be the instructors. This is an excellent opportunity for students to practice the types of questions that will be found on the Literacy Test. All are welcome to attend these preparation sessions. Late busing is available.

## PLEASE CALL

If you know that your son or daughter will be away from school, PLEASE CALL or email and let us know. It saves our office staff a lot of time and allows us to stay on top of attendance issues before they become major problems. Messages can be left 24-hours a day at 519-881-1900 or email [shhs\\_attendance@bgcdsb.org](mailto:shhs_attendance@bgcdsb.org).

## LateTaxi/Bus

Feb. 7,8,9,15,16,17,22,23,24,28  
Mar. 1,2,8,9,10,21,23,24,28,29,30  
Apr. 5,6,7,11,13,14,18,19,21,26,28  
May 2,3,5,9,11,12,16,17,19,24,25,26,31



# Public Speaking Contests



Students are reminded to fill out the necessary forms for the Royal Canadian Legion Public Speaking Contest which is being held on Saturday, February 5th at 1:00 p.m. at the Walkerton Legion. See Mrs. Sakal in the library for more information.



## DATES TO MARK ON YOUR CALENDAR

- |  |   |
|--|---|
| February 1 <sup>st</sup>                   | College Applications Due                              |
| February 4 <sup>th</sup>                   | Semester 2 Starts                                     |
| February 11 <sup>th</sup>                  | Option Sheets Due from Grade 8 Students for September |
| February 14 <sup>th</sup>                  | Semester 1 Report Cards Sent Home with students       |
| End of February                            | Option Sheets Due from current Students for September |
| March 2 <sup>nd</sup>                      | Early Dismissal Day                                   |
| March 14 <sup>th</sup> to 18 <sup>th</sup> | March Break   |
| March 31 <sup>st</sup>                     | Literacy Test   |
| March 31 <sup>st</sup>                     | Parent-Teacher Interviews - 5 to 8 p.m.               |
| June 29 <sup>th</sup>                      | Graduation - 7 p.m.                                   |

The Lions Club Effective Speaking Contest is also running at this time and open to high school students who wish to compete in either French or English. For further information contact Lion Ray Holden at (519) 881-4659 or e-mail him at rayson.holden@sympatico.ca The contest will be held some time in March.



Have you Got Talent?  
 Can you sing? Can you Dance?  
 Do you play a musical instrument?

Mildmay Chamber of Commerce is looking for anyone in the Municipality of South Bruce to participate in a

### Talent Showcase Dinner Event



This event will take place  
**Saturday April 30<sup>th</sup>**  
 at the

**Mildmay Carrick Recreation Complex**

Prizes will be awarded to the winners based on age and talent categories.

For more information or to register for the talent showcase contact

**Carolyn Borth**

at  
 519-367-5519 or 519-367-3545  
 or email  
 mcborth@wightman.ca



### EARLY DISMISSAL DAY

A reminder that Wednesday March 2<sup>nd</sup> is an Early Dismissal Day. Students will be dismissed at 1:19 p.m.

### Library Corner News



The library staff wishes to announce a spring book fair that will take place at the end of March. A special night for parents will be held in the Guidance Area the night of Parent-Teacher Interviews on Thursday, March 31st. Stay tuned for further details next month.

Parents are asked to be on the lookout for overdue library books that need to be returned for end of semester. Students are reminded to check their bedrooms and their lockers for library books. Thanks for your assistance in this matter.

## Exchange Students



Our exchange students will be leaving early in February for various destinations.

Going to France: Sara Breig;  
Justine King; Kristen Luinstra;

Madison McFadden; Kyle Osterndorff; Mikayla Ozorio and Jessica Schmalz. Amusez-vous bien!!

Marissa Dales and Heather Poechman are off to Spain...;Qué bien!

And Dominique Pilon is going to Italy..arrivederci!

We wish them all a wonderful trip and memorable experience. We know they will be great ambassadors for Canada and Sacred Heart High School! See you in May!



## BUS CANCELLATIONS

In the event of inclement weather please listen to our local radio stations for bus cancellations. If all rural buses are cancelled, the school will remain open for study purposes. Regular classes will be cancelled.

If all in-town and rural buses are cancelled, the school will be closed.



Note: Sacred Heart High School is part of Bus Zone #6 for busing. Some radio stations (Owen Sound) have moved to announcing bus cancellations by zone numbers. Zone #6 includes Walkerton, Mildmay, Formosa and Chepstow schools. If you hear that the buses in Zone #6 are cancelled this includes Sacred Heart High School.

## SCHOOL COSTS

Our school recognizes that expenses for such things as field trip costs and other school fees can cause unnecessary stress in some households. If you find yourself in this position, please contact the principal to see what arrangements can be worked out. Confidentially will be maintained. Our school has received some donations that can be used to cover some costs. Special thanks to these donors.

## PLANNING FOR THE FUTURE

[www.osca.ca](http://www.osca.ca)

Access information on self assessment, post secondary planning, financial planning, scholarship info, writing SAT's, career information, job search skills, summer employment, volunteer opportunities, schools in Canada and outside of Canada.

[www.careercruising.com](http://www.careercruising.com)

Internet survey, career information, links to educational requirements, income, related jobs. Username: sacred Password: crusader

[www.myblueprint.ca](http://www.myblueprint.ca)

Post secondary programs and requirements, put in your current courses to see if you qualify for the program. Activation Key: sacredwalk

[www.apprenticesearch.com](http://www.apprenticesearch.com)

Links to apprenticeship information, employers, types of apprenticeships and requirements.

<http://osap.gov.on.ca>

Ontario Student Financial Assistance Program

[www.canlearn.ca/English/eng.cfm](http://www.canlearn.ca/English/eng.cfm)  
Financial Planning

[www.electronicinfo.ca](http://www.electronicinfo.ca)

Ontario University program details, course prerequisites and grade requirements for admission.

[www.ontariocolleges.ca](http://www.ontariocolleges.ca)

Finding location of college programs, paying for college and applying to college.

[www.scholarshipscanada.com](http://www.scholarshipscanada.com)

[www.studentawards.com](http://www.studentawards.com)

Comprehensive database of scholarships, grants and student awards.

### TIMELINES

Sept./Oct./Nov.

-Guidance presentation re: post-secondary information

-College/University Information Programs and visits

Oct.

-access to online post-secondary applications  
-applicants receive PIN for online applications

Early Jan.

University application deadline

Early Feb.

College application deadline

Spring

OSAP online application available

## SHHS School Dance

Just a reminder that the dance scheduled for February 11th is cancelled.

## Bruce Power Information Session



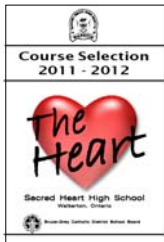
Thurs. Feb. 24th, 2011

10:30 a.m.

Seminar Room

- All students considering the Bruce Power Co-op for the next year must attend.

## Course Selections for 2011 - 2012



Mr. Cote, Mrs. Mount and Ms. Slosser will be distributing course selection books and option sheets mid-February. Signed Course Option Sheets will be due at the end February. Please put serious thought into your selection to allow us to build the best timetable possible for next year. Students who

require assistance choosing courses are encouraged to make an appointment with a guidance counsellor. Option sheets for incoming Grade 9 students are due Friday, Feb. 11<sup>th</sup>.

## COMMUNITY SERVICE HOURS



Do you plan to graduate this year? If so, have you submitted the paperwork to

the school office verifying the completion of your 40 hours of volunteer service? Without the completed paperwork you will not be able to graduate in June.

## SENIOR BOYS HOCKEY TEAM



The Sacred Heart Crusaders Senior Boys Hockey Team has went an undefeated 6-0 in the regular season. They have been led in net by the stellar play of Mitch Campbell, Chris Flett, and Cole Dales. The BAA playoffs quarter-final game will be played during the

week of February 7<sup>th</sup> followed by the semis and the final, which your Crusaders hope to win and then advance to the CWOSSA playoffs in the hopes of competing hard and advancing to the OFSAA finals in Timmins. Coaches Orr and Hambrook would like to thank the players and parents for their ongoing support, dedication, and encouragement.

## MedQUEST

## Health Career Exploration Camp

MedQUEST Health Career Exploration Camp is scheduled to be held at

Walkerton District Secondary School, July 11 to 15, 2011.

Students who are currently in grades 10 and 11 are eligible to attend this interactive program.

The application process for MedQUEST runs from February 1 to March 16, 2011.

Selection this year will be based on a first-come- first-serve basis. A maximum of thirty students from the Grey-Bruce area will be accepted. Students and parents must complete the on-line application form. Confirmation of up-to-date immunizations and the results of a current Two Step Mantoux (Tuberculosis) Skin Test are required at the time of application. Successful applicants will be notified by March 30, 2011.

MedQUEST information and application form are available at [www.schulich.uwo.ca/swomen](http://www.schulich.uwo.ca/swomen).



## GRADUATION

Our school graduation exercises will be held on Wednesday June 29<sup>th</sup> at 7 p.m. Please mark this date on your calendar.



## Specialist High Skills Major in Health and Wellness



If you are interested in a career pathway in health care, fitness, or child care, the **Specialist High Skills Major in Health and Wellness** may benefit you! Grade 10 students can sign up in February as the program

starts for them in grade 11. Listen for an informational meeting in February and/or drop into guidance anytime to learn more. Graduating students in SHSM need to make sure they have all of their requirements before graduation this June.

## Attention Grade 9 and 10 Math Students Free Math Homework Help

Good news to math students this year! Our school board now has free online math help for all students from grade 7 to 10. The eLearning Contact, Mike Walter, will be visiting all of the semester two grade 9 and 10 math classrooms to help them with registration.



If you wish to try it before this visit, all you need is your Ontario Education Number (OEN), which can be found on old report cards.

Students simply log-on to Homework Help at [homeworkhelp.ilc.org](http://homeworkhelp.ilc.org) and use an interactive chat room to obtain personalized one-on-one tutoring from a certified Ontario math teacher. The entire session is recorded and stored in the student's online locker to allow the student to review what they have learned.

This service is anonymous and the students are unable to chat to each other, making it a safe online environment.

Chats take place Sunday to Thursday between the hours of 5:30 – 9:30 p.m.

Parents are encouraged to visit the site and log on as a guest to see how the service works.

Feel free to contact the BGCDSB's eLearning Contact Mike Walter at [mike\\_walter@bgcdsb.org](mailto:mike_walter@bgcdsb.org) to learn more.

### ASK A TEACHER WEBSITE

Need help with your homework or preparing for a test? The Independent Learning Centre offers a free service year-round between 5:30 p.m. and 9:30 p.m., Sunday through Thursday. The Ask a Teacher service connects students in Grades 9 to 12 with Ontario certified teachers in online classrooms for free. Using text and a virtual whiteboard, students can receive one-on-one tutoring in all subjects, in real-time. To access this service go to <http://www.ilc.org>.

## Ontario Educational Resource Bank All Grades: K – 12 All Subjects

Would you like extra review for your child? Would you like enrichment for your child?



Over 22,000 resources are online and available for your child for every grade and every subject. Games, quizzes, tutorials, maps, videos and much more.

Log on to [resources.elearningontario.ca](http://resources.elearningontario.ca) and use the following: **ID and Password**

### Available from the Office:

Not sure where to start? Try clicking on "Search", then "Browse by Curriculum". From there, you can put in your child's grade, subject and strand. Press the button "Browse by Strand" and see many of the wonderful resources that will help your child with their school work.

Feel free to contact the BGCDSB's eLearning Contact Mike Walter at [mike\\_walter@bgcdsb.org](mailto:mike_walter@bgcdsb.org) to learn more.

### **Urgently needed items for the DR Mission trip to the Dominican Republic leaving March 11**

**hockey bags** - zippers have to be strong - can be donated or lent and we will return them

**plastic toothbrush covers** - for travel - these cover the bristles - needed for orphans in community housing



If you wish to make a **monetary** donation toward these items and have the participants purchase these items, we would be more than happy to accommodate this. Thanks you for your support. Call Joy King for further information.

## Girls Hockey Team



Congratulations to the Girls Hockey Team members who captured the 12<sup>th</sup> Annual Crusader Challenge Tournament on January 6<sup>th</sup>, in Walkerton. Starting slow @ 8a.m. they went to a shootout against Norwell District from Palmerston before moving on to dominate Guelph's John F. Ross school 6-0. This put them in the finals against two-time defending tournament champion, Centennial CVI, from Guelph. The Lady Crusaders played a very disciplined game with heavy forechecking and great playmaking en route to the 1-0 victory.

Awesome defensive play was demonstrated all day with Michelle Grubb and her blueliners backstopping the Crusaders into only giving up one goal in the three games. The balanced team has demonstrated good skill throughout the season and have completed their regular BAA season in third place but are anxious for playoffs beginning on Feb. 14<sup>th</sup> in Owen Sound. BAA Finals would be on Feb. 23<sup>rd</sup> with CWOSSA to follow.

### Girls' Hockey 2010 -2011

Coaches: Mr. Johnson, Mr. Turcotte

Missy Adams	Sarah Biesenthal
Shaelyn Busby	Ashlee Cameron
Lindsay Dales	Emily Daurio
Ella Dawley	Sarah Durrer
Michelle Grubb	Katrina Hodgins
Lindsay Kieffer	Jocelyn King
Lesa Kittel	Madison McFadden
Lauren McLean	Kelsey Miller
Ashley Mitchell	Janelle Ruetz
Kailyn Soers	Jamie VanLoon
Janelle Weber	Katrina Wyatt
Katrina Young	



## Senior Boys' Hockey 2010 - 2011

Coaches : Mr. Orr, Mr. Hambrock



Jacob Barclay  
 Ryan Bross  
 Mitchell Campbell  
 Cole Dales  
 Zachary Fish  
 Paul Gill  
 Kurtis Inglis  
 Jarrett Kuntz  
 Cody Lang  
 Chad Martin  
 Bradley Pitt  
 Devlin Schellenberger  
 Tyson Soers  
 Patrick Walsh  
 Garrett Weigel  
 Ryne Wepler

Jacob Bross  
 Wendell Cameron  
 Bradan Collins  
 Eric Elliott  
 Chris Flett  
 Kyle Goetz  
 Alexander Kuntz  
 Cody Kupferschmidt  
 Brodie LeMay  
 Zachary Petteplace  
 Justin Reinhart  
 Jordan Schiestel  
 Andrew Walsh  
 Christopher Weaver  
 Jordan Wendorf

## Curling 2010 - 2011

Coach : Mr. Markauskas

James Kritz  
 Scott Kunkel  
 Riley Rier  
 Logan Strauss  
 Garrett Weigel  
 Brent Wilhelm

