



The Heart Beat



Principal:
Vice-Principal:
School Council
Co- Chair:

Mr. M. Kuntz
Mrs. L. Fischer

Mrs. J. Dally &
Mr. W. Poechman
Mr. G. Casey

Sacred Heart High School
450 Robinson Street, Box 1480
Walkerton, Ontario N0G 2V0

Director of Education: B. MacPherson
Trustees: D. Slosser
B. Eckensweiler
S. Finnie
F. Gross

March 2010

Prayer of Saint Patrick

Christ be with me, Christ within me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me.

Christ beneath me, Christ above me,
Christ in quiet, and in danger,
Christ in hearts of all that love me,
Christ in mouth of friend and stranger.



PLEASE CALL

If you know that your son or daughter will be away from school, PLEASE CALL and let us know. It saves our office staff a lot of time, and allows us to stay on top of attendance issues before they become major problems. Messages can be left 24-hours a day at 519-881-1900.



May 2 to May 7, 2010

CATHOLIC EDUCATION:
REJOICING
in HOPE

Rejoice in the Lord always ... and the God of peace will be with you.
(Phil 4: 4, 9)

The Five Sub Themes for the
2010 Catholic Education Week are:

- Hope in our Hearts
- Hope in our Homes
- Hope in our Schools
- Hope in our Communities
- Hope in our World



<http://ocsta.on.ca/CatholicEducationWeek>

INTERIM REPORT CARDS - PARENT-TEACHER INTERVIEWS

All classroom teachers will be sending home Interim Reports with students on March 29th. If you have any questions or concerns with regards to your child's progress at any time please contact your child's classroom teacher(s). Parent-Teacher Interviews will be held on Thursday April 8th from 5 to 8 p.m. in the gymnasium.

COURSE SELECTIONS FOR 2010-2011

Have you submitted your course selection sheet for September? If not, please do so immediately. **Also, if you know of any student planning to register at Sacred Heart for September, please ask them to complete the registration process at this time. Do not wait until the fall.**



Late Taxi/Bus

Mar. 1,3,4, 9,10,11,22,23,24,30,31
Apr. 1,6,7,8,12,13,14,20,21,22,26,27,29
May 3,4,6,10,11,12,18,19,20,25,26,27,31
June 1,2,8,9,10,14,16,17



AFTER SCHOOL LITERACY PREPARATION PROGRAM

The Ontario Secondary School Literacy Test (OSSLT) will be written on the morning of April 8th this year. Attendance on this date is mandatory. Successful completion of this test is the most common way for students to fulfill the literacy requirement which is needed by all students to be eligible for an Ontario Secondary School Diploma (OSSD).

An After-School Literacy Preparation Program will be held at Sacred Heart to help prepare students for the literacy test. These sessions will be held on the following dates from 3:30 to 5:00 p.m. in Room S106:

- Tuesday March 23rd
- Wednesday March 24th
- Tuesday March 30th
- Wednesday March 31st
- Tuesday April 6th
- Wednesday April 7th

All students writing the literacy test are invited to attend. If you require late busing, please remember to sign up in the main office before 12:45 p.m. on the dates listed above.

For more information, please see Ms. Fritz or Mrs. Sakal.



DATES TO MARK ON YOUR CALENDAR

March 15 th -19 th	March Break
March 24 th	School Council Meeting - 7 p.m.
March 29 th	Interim Report Cards sent home by Classroom Teachers
April 2 nd	Good Friday
April 5 th	Easter Monday
April 8 th	Parent-Teacher Interviews (5-8 p.m.)
April 8 th	Literacy Test
May 15 th	Prom
June 30 th	Graduation - 7:00 pm.

BLUEWATER REGIONAL SCIENCE FAIR

Do you plan to enter a project in the Bluewater Regional Science Fair? If so, please see Mrs. Dunn as soon as possible so that she can complete the registration process on your behalf.

ASK A TEACHER WEBSITE

Need help with your homework or preparing for a test? The Independent Learning Centre offers a free service year-round between 5:30 p.m. and 9:30 p.m., Sunday through Thursday. The Ask a Teacher service connects students in Grades 9 to 12 with Ontario certified teachers in online classrooms for free. Using text and a virtual whiteboard, students can receive one-on-one tutoring in all subjects, in real-time. To access this service go to <http://www.ilc.org>.

COMMUNITY SERVICE HOURS



Do you plan to graduate this year? If so, have you submitted the paperwork to the school office verifying the completion of your 40 hours of volunteer service? Without the completed paperwork you will not be able to graduate in June.

INTERNET SAFETY NIGHT
WHAT IS YOUR CHILD REALLY DOING?
PRESENTED BY: THE YMCA YOUTH GAMBLING AWARENESS PROGRAM

<p>MARCH 10TH 2010 6:30 PM - 9:30 PM</p> <p>Guest Speakers: Constable Kevin Martin <small>Community Services Officer South Bruce OPP</small></p> <p>Sandy Clarke <small>Problem Gambling Counselor New Directions</small></p> <p>Chelsea Hernandez <small>Youth Outreach Worker Owen Sound & Area YMCA</small></p>	<p>Want to learn how to improve your children's safety while "surfing the net"?</p> <p>This event will teach parents what harms are associated with popular websites such as online gambling and social networking sites.</p> <p>Our computer lab will be available to allow you to view the "hot" sites.</p>	 <p>To reserve a spot contact: Chelsea Hernandez Phone: 519-364-3163 ext 27 Fax: 519-364-3167 gambing@ymcaowensound.on.ca</p>
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FREE REFRESHMENTS PROVIDED!

**OWEN SOUND & AREA FAMILY YMCA
 COMMUNITY & EMPLOYMENT SERVICES**

New SHHS Website

Check out the new SHHS website <http://shhs.bgcdsb.org>. We are currently working on the new website featuring News, Event Calendar, Sports, Clubs, Newsletter, and more.

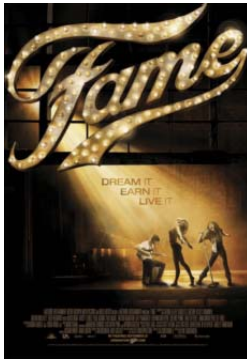


Congratulations Public Speakers!!!

The Royal Canadian Legion held its annual Public Speaking Contest on Saturday, February 6th at the Walkerton Legion. Two representatives from our school competed in the Senior

division. Kristen Luinstra placed first and Cassie Davidson placed second. Kristen now advances to the Zone C Competition at the Durham Legion on February 27th. Good luck Kristen!

Crusader Productions Presents...



FAME is coming to the Heart! to be performed May 26 - 29, 2010. Tickets will go on sale April 12th, 2010 at the school. Admission prices will be \$15.00 for adults, \$10.00 for students/seniors and \$5.00 for children 12 & under. The play features a variety of Sacred Heart's very own talented actors, singers and dancers. FAME centers around a talented group of young students throughout their four years at the New York City High School of Performing Arts. The students come from a variety of different back grounds, who face many personal struggles all trying to make it big. Not only do they have to fight for the spot light, but they also have to overcome, conflict, personal tragedy, jealousy, pressure and their own self doubt in order to reach their dreams of ...**FAME!**

GRADUATION

Our school graduation exercises will be held on Wednesday June 30th at 7 p.m. Please mark this date on your calendar.



MEDQUEST Application Process Opens Feb.23rd - April 20th, 2010

MEDQUEST Health Careers Exploration Camp is scheduled to be held in Walkerton during July 2010. The program will run July 12th to 16th.

Students who are currently in grades 10 and 11 are eligible to attend this interactive program. The application process for MedQUEST runs from February 23rd to April 20th, 2010. Students must apply on-line at www.medquestwestern.ca



Driver Education Classes 2009-2010



Cost: \$460.00 per student

Session # 5	Apr. 19 - May 12 Apr. 19, 21, 26, 28 May 3, 5, 10, 12	Monday & Wednesday 8 - sessions 3:30 - 6:10 p.m.
Session # 6	May 15 - June 12 May 15, 29 June 5, 12	Saturday 4 - sessions 9 a.m. - 3 p. m.

Breakfast Club News



JUST TO LET YOU KNOW - Breakfast Club still runs on Tuesday, Wednesday and Thursday between 8:30 and 9:00 in the seminar room. There is no charge and all students are welcome.

Bagels, english muffins, cereal, fruit, yogurt, cheese and juice are always available. Volunteers are always needed and donations are gratefully accepted.

YOUR FUTURE LIFE STORY PRESENTATION

On March 24, 25 and 26th, Mr. Greg Viner will be presenting to numerous classes at our school. His presentation is fun and engaging. He will provide strategies on how to invest in emotions that uplift and create mental wellness along with replacing negative thinking patterns with more useful, healthy ones.

Greg's visit is being supported financially by our School Parent Advisory Council. Any parent wishing to sit in on one of Greg's presentations is welcome to do so. Please contact Mr. Ed King, in our guidance department if you are interested in doing so.

PLANNING A STUDENT'S SECONDARY SCHOOL PATHWAYS

In order to help students plan out the courses they will take over the course of their secondary school career, the school has access to "My Blueprint". "My Blueprint" allows students to pick secondary school courses and to see what impact this has on future career opportunities. As well, students are then able to see what kind of education, if any, is needed to pursue that career and, if appropriate, where the program is offered. Since this is an internet-based tool, parents and students can access it from home as well as school. For access, go to the website www.myblueprint.ca and enter the access code/activation key "sacredwalk" for Sacred Heart High School students.

BRONZE AT CWOSSA

Congratulations to the Sacred Heart Swim Team on a great season in our first year of competing. 12 of our 16 swimmers qualified for CWOSSA. Our top performer at CWOSSA was Luke Bedard who finished 3rd in the 50 meter Butterfly. Mike VanSickle, Josh Cote, Luke Bedard, and Bryce Lang also had a strong showing in the boys 200 meter medley relay finishing 4th overall. Way to go team!

SPRING CO-CURRICULAR ACTIVITIES

The spring sports season is rapidly approaching. Stay tuned to morning announcements or talk to the teacher in charge to find out more details regarding start dates and try out dates.

Badminton - Mrs. Carroll, Mrs. Kelly, Mr. Hicks
Girls' Soccer - Ms. White
Boys' Soccer - Mr. Striukas
Girls' Rugby - Mr. B. King
Boys' Rugby - Mr. Charette, Mr. Elphick
Track and Field - Mrs. Mount, Mr. Dunn

BAA FINALISTS

Our boys' hockey team are BAA Finalists, losing to KDSS in the championship played on February 24th. The team now advances to CWOSSA which will be played in Guelph on March 9th and 10th.

Team members include: Jake Barclay, Evan Bross, Jake Bross, Ryan Bross, Wendel Cameron, Mitch Campbell, Ben Carroll, Brady Collins, Sean Costie, Isaac Dales, Andy Dentinger, Dan Fischer, Jordan Grubb, Alex Kuntz, Nick Lang, Cody Kupferschmidt, Chad Martin, Eric Pereira, Brad Pitt, Ben Ratchford, Devlin Schellenberger, Jordan Schiestel, Reed Schuknecht, Andrew Walsh, Garrett Weigel, Steve Wilken, Zach Bross, Jake Elliott, Chris Flett, Dustin McGlynn, Ryne Wepler. The team is coached by Mr. Orr and Mr. Hambrock. Good luck guys!

BAA CHAMPIONS

Congratulations to our Junior Boys' Basketball team who captured the BAA Championship on February 19th. Team members include: Josh Busby, Dave Carroll, Ryan Craughwell, Colton Glasbergen, Cole Hoffele, Louis Kittel, Ryan Kunkel, Jeff Ruttan, Brennan Senra, Chris Vanderwal, Billy Joe Van Rooyen, Ryne Wepler, and Eric Zettler. The team is coached by Mr. Striukas.

At CWOSSA on February 26th, the boys played well capturing the silver medal.