



The Heart Beat



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March 2011



A Prayer Before the March Break

As we approach March Break let us be thankful that we have this time to relax and take the pressures of school off our shoulders. Let us take time to reflect on how fortunate we are and pray that everyone will have a safe and fun-filled March Break. Remember those who are suffering and who will not be spending March Break with their family and friends.



BLUEWATER REGIONAL SCIENCE FAIR

Do you plan to enter a project in the Bluewater Regional Science Fair? If so, please see Mr. Kuntz as soon as possible so that he can complete the registration process on your behalf.

AFTER SCHOOL LITERACY PREPARATION PROGRAM

The Ontario Secondary School Literacy Test (OSSLT) will be written on the morning of March 31st this year. Attendance on this date is mandatory. Successful completion of this test is the most common way for students to fulfill the literacy requirement which is needed by all students to be eligible for an Ontario Secondary School Diploma (OSSD).

PLEASE CALL

If you know that your son or daughter will be away from school, PLEASE CALL or email and let us know. It saves our office staff a lot of time and allows us to stay on top of attendance issues before they become major problems. Messages can be left 24-hours a day at 519-881-1900 or email shhs_attendance@bgcdsb.org.

An After-School Literacy Preparation Program will be held at Sacred Heart to help prepare students for the literacy test. These sessions will be held on the following dates from 3:30 to 5:00 p.m. in Room E110:

- Thursday March 3rd (Note Change of Date due to Early Dismissal on Wednesday)
- Wednesday March 9th
- Wednesday March 23rd
- Wednesday March 30th



Congratulations to Mr. and Mrs. Dunn on the birth of their first child on February 26th. Connor Benjamin weighed 6 pounds 8 ounces. Mom, Dad and baby are all doing fine.

All students writing the literacy test are invited to attend. If you require late busing, please remember to sign up in the main office before 12:45 p.m. on the dates listed above.

For more information, please see Mrs. Muegge or Mrs. Sakal.

Youth for Life

On February 11, members of SHHS "Youth for Life" and Fr. Jason Charron had the great privilege of attending our diocesan *Culture of Life* conference in Hamilton. Our students were able to hear the powerful testimony of Melissa Ohden, learn pro-life mentoring skills and network with many like-minded, faith-filled Catholic students from throughout our diocese.

LateTaxi/Bus



- Mar. 1,3,8,9,10,21,23,24,28,29,30
- Apr. 5,6,7,11,13,14,18,19,21,26,28
- May 2,3,5,9,11,12,16,17,19,24,25,26,31
- June 1,2,7,8,9,13,14,16

PLANNING A STUDENT'S SECONDARY SCHOOL PATHWAYS

In order to help students plan out the courses they will take over the course of their secondary school career, the school has access to "My Blueprint". "My Blueprint" allows students to pick secondary school courses and to see what impact this has on future career opportunities. As well, students are then able to see what kind of education, if any, is needed to pursue that career and, if appropriate, where the program is offered. Since this is an internet-based tool, parents and students can access it from home as well as school. For access, go to the website www.myblueprint.ca and enter the access code/activation key "sacredwalk" for Sacred Heart High School students.

Anne of Green Gables Coming to the Heart Stage



Crusaders Productions is thrilled to present the play, *Anne of Green Gables*, a classic Canadian tale about a young orphan girl who arrives in Avonlea and through her comic antics captures the hearts of the town.

Urgently needed items for the DR Mission trip to the Dominican Republic leaving March 11

hockey bags - zippers have to be strong - can be donated or lent and we will return them

plastic toothbrush covers - for travel - these cover the bristles - needed for orphans in community housing



If you wish to make a **monetary** donation toward these items and have the participants purchase these items, we would be more than happy to accommodate this. Thanks you for your support. Call Joy King for further information.

On **May 25th, to May 28th, 2011 at 7:30 pm**, we invite you to experience both the joy and the adventures of life on the Island as Anne discovers new "kindred spirits". Her imagination is matched only by her tendency to get into unintentional trouble. Whether it is tipsy tea parties, standing in the corner at school, or disturbing the peace of elderly aunts, Anne charms the hearts of her foes.

Anne of Green Gables is a show for all ages including the young and the young at heart. Tickets will go on sale **Monday, April 4th, 2011** and will be available at the main office at Sacred Heart High School. Admission prices are \$15 for adults, \$10 for students and seniors, and \$5 for children 12 and under. Phone 519-881-1900 for more details.

Laugh and cry as you experience the life of Anne Shirley, the Cuthberts and the people of Avonlea in May at Sacred Heart High School.

SCHOOL COSTS

Our school recognizes that expenses for such things as field trip costs and other school fees can cause unnecessary stress in some households. If you find yourself in this position, please contact the principal to see what arrangements can be worked out. Confidentially will be maintained. Our school has received some donations that can be used to cover some costs. Special thanks to these donors.

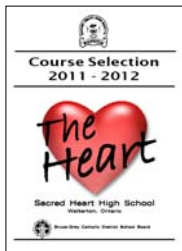


COMMUNITY SERVICE HOURS



Do you plan to graduate this year? If so, have you submitted the paperwork to the school office verifying the completion of your 40 hours of volunteer service? Without the completed paperwork you will not be able to graduate in June.

Course Selections for 2011 - 2012



Mr. Cote, Mrs. Mount and Ms. Slosser have distributed course selection books and option sheets to each homeroom. Signed Course Option Sheets are due prior to March break, Mar. 10th. Please put serious thought into your selection to allow us

to build the best timetable possible for next year. Students who require assistance choosing courses are encouraged to make an appointment with a guidance counsellor. **Also, if you know of any student planning to register at Sacred Heart for September, please ask them to complete the registration process at this time. Do not wait until the fall.**

INTERIM REPORT CARDS - PARENT-TEACHER INTERVIEWS

All classroom teachers will be sending home Interim Reports with students on March 28th. If you have any questions or concerns with regards to your child's progress at any time please contact your child's classroom teacher(s). Parent-Teacher Interviews will be held on Thursday March 31st from 5 to 8 p.m. in the gymnasium.

SHHS SWIMMING

Congratulations to the Sacred Heart Swim Team on a great season. 16 swimmers qualified for CWOSSA. Our top performer at CWOSSA was Mike VanSickle who finished 5th in the 100 meter Backstroke. Other qualifiers for CWOSSA included: Crystal Chesney, Josh Cote, Rochelle Critchfield, Bayley Doerr, Chantelle Graf, Rebecca Feeney, Owen Johnson, Kailee Liesemer, Ryan MacDonald, Bryce Lang, Kelsey Ruetz, Simonne Slezak, Kylie Smith, Jaclyn Spitzig and Adam Thomas. Way to go team!

MedQUEST

Health Career Exploration Camp

MedQUEST Health Career Exploration Camp is scheduled to be held at Walkerton District Secondary School, July 11 to 15, 2011. Students who are currently in grades 10 and 11 are eligible to attend this interactive program.



The application process for MedQUEST runs from February 1 to March 16, 2011.

Selection this year will be based on a first-come- first-serve basis. A maximum of thirty students from the Grey-Bruce area will be accepted. Students and parents must complete the on-line application form. Confirmation of up-to-date immunizations and the results of a current Two Step Mantoux (Tuberculosis) Skin Test are required at the time of application. Successful applicants will be notified by March 30, 2011.

MedQUEST information and application form are available at www.schulich.uwo.ca/swomen.

GRADUATION

Our school graduation exercises will be held on Wednesday June 29th at 7 p.m. Please mark this date on your calendar.



SPRING CO-CURRICULAR ACTIVITIES

The spring sports season is rapidly approaching. Stay tuned to morning announcements or talk to the teacher in charge to find out more details regarding start dates and try out dates.

Badminton - Mr. Gagnon, Miss Wilhelm, and Mr. Vrolyk

Girls' Soccer - Ms. White

Boys' Soccer - Mr. Striukas

Girls' Rugby - Mr. B. King, Mrs. Wilke

Boys' Rugby - Mr. Charette, Mr. Elphick

Track and Field - Mrs. Mount, Mr. Dunn and Mr. Blackwell



The Sacred Heart Cheerleading Team placed third in the Ontario Cheerleading Federation's Regional competition in Mississauga. The competition was held at the Hershey Center on February 26th. They missed winning second place by a mere 2 points! The girls gave an excellent performance and exhibited high standards of sportsmanship! The team is now preparing for the Provincial Championship competition to be held April 15-16th. Great work, and good luck at Provincials.

BAA Finals

Good luck to our boys' hockey team who will be hosting the BAA Final on Wednesday March 2nd at the Walkeron Arena. Game time is 2 p.m. vs. West Hill of Owen Sound. The team also advances to CWOSSA which will be played on March 8th and 9th in Guelph.

Team members include:

Jacob Barclay

Ryan Bross

Mitchell Campbell

Cole Dales

Zachary Fish

Paul Gill

Kurtis Inglis

Jarrett Kuntz

Cody Lang

Chad Martin

Bradley Pitt

Devlin Schellenberger

Tyson Soers

Patrick Walsh

Jacob Bross

Wendell Cameron

Bradan Collins

Eric Elliott

Chris Flett

Kyle Goetz

Alexander Kuntz

Cody Kupferschmidt

Brodie LeMay

Zachary Petteplace

Justin Reinhart

Jordan Schiestel

Andrew Walsh

Christopher Weaver

