



The Heart Beat



**Sacred Heart High School
450 Robinson Street, Box 1480
Walkerton, Ontario N0G 2V0**

Principal: Mr. M. Kuntz
Vice-Principal: Mrs. L. Fischer
School Council
Co-Chair: Mr. W. Poechman

Director of Education: B. MacPherson
Trustees: D. Slosser
B. Eckensweiler
S. Finnie
F. Gross

Superintendent: Mr. G. Casey

November 2010

Prayer For Peace

Dear God we pray for all the men, women and children presently caught in war-suffering.

And as we stand with them, we cry in our hearts for peace.

God of Justice we seek a better way to live with each other.

Help me to see that better way must start right here, right now with me.

Help me to see that I can give peace a chance by the way I treat my friends, my family, my teachers, my students, myself.

Help me to see the many times I find myself caught in warring ways.

Help me to find creative ways of being with my anger, of healing my fears, or working through my conflicts.

Give me the strength to start over and continue to give peace a chance.

Amen

Royal Canadian Legion Remembrance Day Contest

Students are invited to submit a poem or an essay on the subject of **Remembrance**. See Mrs. Sakal or Mrs. Kunkel in the library for copies of the rules and regulations. All literature entries must be submitted to Mrs. Sakal by Monday, November 8th. If you are interested in completing a poster in black and white or in colour see Ms. George in the Art Room for details.



EARLY DISMISSAL

On Wednesday November 24th, 2010 there is an Early Dismissal Day. Students will be dismissed at 1:19 p.m. and busses will leave at this time. The remaining Early Dismissal Dates for the school year are March 2nd and May 11th.

Late Taxi/Bus



Nov. 2,3,4,8,9,10,15,16,17,22,23,25,29
Dec. 1,2,6,7,8,14,15,16
Jan. 3,5,6,10,11,12,17,19,20,24,25,26
Feb. 7, 8, 9, 15, 16, 17, 22, 23, 24, 28

Christmas Angel Tree

Sacred Heart High School will be participating in the 6th annual Christmas Angel Tree. This tree is designed to support students who have been identified by staff as needing a little extra over this Christmas season. Please feel free to contact the school for further information.



Volunteer Opportunity

Do you enjoy working with children? Are you thinking of a career in child care or teaching? Are you in need of volunteer hours?

Come help with the Children's Liturgy Program at Sacred Heart Church in Walkerton. We are looking for enthusiastic volunteers like you to help run the program. This program will allow you to:

- ✓ Gain experience working with children
- ✓ Learn how to help children understand their faith
- ✓ Earn volunteer hours towards graduation
- ✓ Add volunteer experience to a résumé

If you're interested and would like to know more, please contact Sarah Grubb at 519-881-3689 or sje.grubb@gmail.com.

O.E.C.T.A YOUNG AUTHORS AWARDS

This contest has three levels of competition: school, unit and provincial. The maximum length is 3,000 words. Students in grades 9 – 12 are invited to write a short story, a poem, a play or a nonfiction piece for the contest. Any student who wishes to participate in this contest should see their English teacher or Mrs. Sakal in the library for further details.

English Department Announcement

Our new MLA booklet on how to write essays is ready for sale. It meets the latest 7th edition guidelines and includes information on how to insert parenthetical citations and cite sources on a Works Cited page, as well as how to organize and prepare a proper essay. Booklets sell for \$3.00 each. Students can purchase them from their English teacher this semester or they can stop in to the school library to buy a copy.



Dominican Republic Mission Trip

Anyone wishing to donate monetary funds towards this cause, please make out a cheque to FOTOCAN and forward to Joy King or Samantha George. Donated clothing items will be collected in the new year.

Upcoming Fund Raising Events for the Dominican Republic Mission Trip

Monday November 8th - **All You Can Eat Spaghetti Night at Pizza Delight** in Walkerton from 5 p.m. until 8 p.m. Tickets are \$10.00 per person and \$5.00 for children under 12.

Thursday November 18th - (N.B Date Changed) **Art Display and Sale** in the art room at SHHS from 7pm to 9 p.m. with refreshments available.

Wednesday December 1st - **Annual Cabaret** - refreshments provided by DR Mission Trip

Thursday December 2nd - will be **Krispy Kreme Day** in Walkerton. More information to follow.

Meet the New Chaplain at SHHS

All people enjoy a degree of constancy in life. One of those constants in human affairs from pre-school through old age is that perennial question, “Who are you?” We enjoy meeting others and learning about their journeys because through them we learn something about ourselves and, deep down, we learn something about our God, in whose image we are all made.

For my part, allow me to briefly introduce myself to you. I am a priest of the Ukrainian-rite of the Catholic Church. An ancient tradition among Eastern-rite Catholics is for the celibate or married men to be ordained to priesthood. I happen to have had the honour of marrying Halyna Vykhevych in her native Ukraine in July of 2000, where I lived and worked as an ESL teacher for three years. Together we have been blessed by God with five daughters (due to this fact and because of Jewish ancestry on my maternal side some people have taken to calling me “Tevye”)!

I grew up a lukewarm Catholic in Peterborough, attended St. Peter’s Secondary School, discovered our Catholic faith and graduated in 1995. From 1995 until 1999 I attended Wadhams Hall Seminary in Ogdensburg, NY completing a double major in Philosophy/Religious Studies with a minor in Languages. From 1999 until 2002 I lived in Ukraine where I assisted in the reconstruction of the Ukrainian Catholic Church which as the largest repressed religious body in the world from 1946-1991 was driven into the underground and suffered great losses. From 2002 my young family and I relocated to Ottawa where I studied Theology, completing my Master’s degree in 2005. From 2006-2008 I lived in Hamilton and Toronto serving as a sub-deacon and catechist. In 2008 I completed my Bachelor of Education at OISE, University of Toronto. I was ordained to the priesthood in August 2008 and sent to North Carolina to get a growing mission parish off the ground. Our family decided that Ontario was a better fit for us, so I applied for the chaplaincy position at SHHS and after accepting the position we relocated here this past August. Some tid-bits about me are that I love chess and once worked for the Papal Press Service.

We love the school communities here (our daughters attend Mother Teresa) and the networking between families. We’ve discovered that the small community feel makes for a more rounded experience of life. Living in Bruce County has been a real boon for the outdoor-lover hiding in each of our small daughters. Most of all, we are grateful for the hospitality of people who have been so gracious at welcoming us into their community.

In Christ,
Fr. Jason Charron



Want to Give Curling a Try?



The Teeswater Curling Club is gearing up for another fantastic season of winter fun for the whole family. We have one of the fastest ice surfaces around that make it easier to deliver the rock and the playing area is climate controlled to make it comfortable. Come to our **Open House and Registration Night on Friday, November 19th** to give curling a try.

Curling leagues begins the week of November 23rd. With one membership fee, play as many leagues as you want! Recreational – Tuesday and/ or Friday 8:00pm; Skip's Choice – Wednesday 8:00pm; Jitney – Monday and/ or Wednesday 1:00 p.m; Youth Learn to Curl – Sunday (free for under 14). If you are interested in curling this year, call James Elphick at 519-392-6910. Check out our website for more information and upcoming events at www.teeswatercurlingclub.com.

Library Corner News



SHHS is pleased to announce that we are having a Scholastic Book Fair in the school library. Sales will occur Monday November 15th from 8:30 a.m. to 5:00 p.m; Tuesday November 16th from 8:30 a.m. to 7:00 p.m; Wednesday November 17th from 8:30 a.m to 5:00 p.m and Thursday November 18th from 8:30 a.m. to 7:00 p.m. This is a great opportunity to buy Christmas gifts. We will have Adult Bestsellers, Teen Mature Reads, posters, and much, much more.

Please note that the Art sale and auction is also on Thursday November 18th from 4:00 p.m. to 8:00 p.m. so you can attend two functions that night if you wish.

Photo Retake Day

Photo Retake Day will be held on Friday November 5th. All staff and students are asked to have their photo taken for the purpose of the school yearbook regardless of whether they are buying a photo package or not.



South Bruce Old Fashion Concert

Friday Dec 3rd at 7:30pm
Teeswater Town Hall
Featuring our talented South Bruce
Municipality performers

Tickets available at the door, Video Mart,
Soul Attire & First Class Flowers in
Teeswater
Or Schuett Furniture in Mildmay
Admission: Adult \$10, Children \$5 and
under 6 are free
Proceeds to Teeswater Town Hall
Renovation Fund

TAKE OUR KIDS TO WORK DAY

Grade 9 students across the province will be participating in Take Our Kids to Work Day on Wednesday November 3, 2010. Students are encouraged to learn more about the world of work by accompanying a parent, relative, friend or community host to their workplace. Permission forms were sent home with grade 9 students in early October. Workplace safety is of the utmost importance during *Take Our Kids to Work*. Parents must determine areas that are safe for visiting and provide their child with supervision throughout the day.

YELLOW RIBBON PROGRAM

The Yellow Ribbon Program will be introduced at SHHS at an assembly on December 6th. The Yellow Ribbon Program is a teen suicide prevention program. Barbara Lamoureux will be visiting our school to share her personal story. Since losing her son, Barbara has made it her mission to travel the country to make sure that no teenager ever takes their own life.

The Sacred Heart Parent Council will be supporting a community presentation in the evening that day. Barbara's presentation will be held in the school library beginning at 7 p.m. All community members are invited to attend.

MID-TERM REPORT CARDS

Mid-term Report Cards will be distributed to students on Tuesday November 23rd. Semester 1 Parent-Teacher Interviews were held on Thursday October 21st. If you have a question or concern regarding your child's progress please contact your child's teacher.

Please complete the Response Form on Page 2 of the Report Card and return it to the main office at the school.

SCHOOL COSTS

Our school recognizes that expenses for such things as field trip costs and other school fees can cause unnecessary stress in some households. If you find yourself in this position, please contact Mr. Kuntz (by phone or note) to see what arrangements can be worked out. Confidentiality will be maintained.

PLEDGE AGAINST BULLYING

Student Council is planning to ask all students to take a pledge against bullying the week of November 15th. The grade with the greatest number of students taking the pledge will win an early lunch.

SCHOOL CLIMATE SURVEY

The Ministry of Education has requested that all schools in the Province of Ontario complete School Climate Surveys this fall.



Parents are encouraged to visit the website:

<http://www.surveymonkey.com/s/shhsclimateparents> to complete the parent version of the on-line School Climate Survey for Sacred Heart High School. Students will be completing the student version of the School Climate Survey at school. Your completion of this survey before November 15th, 2010 is appreciated. The survey will take approximately 15 to 20 minutes to complete. If you would prefer a paper copy of the survey, please contact the school and we will send one home with your child. (We chose not to mail paper copies home as the Ministry Survey is 17 pages in length.)

As always, please contact the school if you have questions or concerns. By working together we can ensure that Sacred Heart High School remain the best school possible.

Thanks in advance for taking the time to complete this School Climate Survey.

SCHOOL COUNCIL

Our next School Council Meeting will be held on Monday November 22nd at 7:00 p.m. in the library. Everyone is welcome to attend. Wayne Pochman is the chair of our School Council for the current year.

FREE ONLINE MATH HOMEWORK HELP

Every grade 7 to 10 student in the Bruce-Grey Catholic District School Board has created their own username and password while registering onto Homework Help. Students simply log-on to Homework Help at homeworkhelp.ilc.org and use an interactive chat room to obtain personalized one-on-one tutoring from a certified Ontario math teacher. The entire session is recorded and stored in the student's online locker to allow the student to review what they have learned.

This service is anonymous and the students are unable to chat to each other, making it a safe online environment.

If any student has forgotten their username and/or password, they can re-register using their Ontario Education Number (OEN) and date of birth. This number can be found on old report cards or by contacting the school

Parents are encouraged to visit the site and log on as a guest to see how the service works.

Feel free to contact the BGCDsb's eLearning Contact Mike Walter at mike_walter@bgcdsb.org to learn more.

ONTARIO EDUCATIONAL RESOURCE BANK

Would you like extra review for your child? Would you like enrichment for your child?

Over 22,000 resources are online and available for your child for every grade and every subject. Games, quizzes, tutorials, maps, videos and much more.

Log on to resources.e.learningontario.ca and use the following:

See office for details

Not sure where to start? Try clicking on "Search", then "Browse by Curriculum". From here, you can put in your child's grade, subject and strand. Press the button "Browse by Strand" and see many of the wonderful resources that will help your child with their school work.

Feel free to contact the BGCDsb's eLearning Contact Mike Walter at mike_walter@bgcdsb.org to learn more.

GRADE 9 REGISTRATION FOR SEPTEMBER 2011

We are currently compiling a mailing list identifying all current Grade 8 students and parents who may be interested in coming to Sacred Heart High School in September 2011. We will use this list to send out information regarding upcoming dates (Parent Nights/ Student Orientation Days), information about our school and registration procedures. Grade 8 students currently at one of our feeder schools will automatically receive this information. However, if you know of students currently attending a public or private school who may be interested in attending Sacred Heart in the fall, please have them call the school (519) 881-1900 and ask to be added to our mailing list. Thanks for your assistance in getting the word out.

COMMUNITY SERVICE HOURS

Reminder - All students are required to complete 40 hours of volunteer community involvement prior to graduation. The forms to record these hours and the list of eligible activities are available in the guidance office. Students are encouraged to hand in these completed sheets to the main office as they finish their hours.

BUS CANCELLATIONS

Winter is rapidly approaching. In the event of inclement weather please listen to our local radio stations for bus cancellations.

INCLEMENT WEATHER PLANS - What will you do if your bus is stranded in Walkerton?



Students and parents are encouraged to develop contingency plans in the event that school busses get stranded in Walkerton at the end of the day due to inclement weather. Do

you have a relative or friend in Walkerton that can take you in for the night if your bus is unable to leave Walkerton? Over the past number of years we have had a few occasions when some busses were unable to leave Walkerton due to road closures. Although such an occurrence is rare, it can happen, so we need to be ready for such an event.

Please note that with 775 students, it is impossible for everyone to make multiple phone calls to develop a plan at the last minute. Please develop a plan in advance so that you will know what you are going to do in such an event.

If you live in Walkerton and your family is willing to take in a billet in such circumstances please let the school know. Also, if you live outside Walkerton and don't know anyone in the town please let the school know so that we can help you develop a plan.

PLANNING AHEAD

The board has renewed its licence to access the website www.myblueprint.ca. This website allows students to enter the secondary school courses they plan to take and then see the post-secondary programs and careers that are open to them. This is particularly beneficial for students in Grade 8 planning their secondary school program as well as students currently in secondary school. To enter the website use the activation key "sacredwalk". Students are then able to create a profile and go from there.

GRADE 9 EQAO MATH ASSESSMENT - SEMESTER 1

All students registered in Grade 9 Academic Math (MPM 1D) and Grade 9 Applied Math (MFM 1P) this semester will be writing the EQAO Grade 9 Mathematics assessment in their math class the week of January 17th. Attendance on these dates is mandatory. Please avoid scheduling appointments during the math period. Students taking Grade 9 Math second semester will write the assessment in June.

THE ONTARIO SECONDARY SCHOOL LITERACY TEST (OSSLT)

Students who are in Grade 10 (and those who did not successfully complete the test in previous years) will be writing the Ontario Secondary School Literacy Test on March 31st, 2011. Students should be preparing in advance to ensure that they are successful on the test. Sample preparation materials/questions from previous tests can be found on the EQAO Web Site at <http://www.eqao.com>. Students should check out the type of questions that they will face on the test and practice such question types so that there are no surprises on the test. Successfully completing the Literacy Requirement is mandatory to receive your Ontario Secondary School Diploma.

A 5-session literacy test preparation course will be offered at Sacred Heart after-school in March if there is sufficient interest. Watch for more details in the January and February Newsletters.

COLLEGE AND UNIVERSITY APPLICATIONS

For students planning to apply to post secondary schools this year, the deadline for college applications is February 4, 2011 and the deadline for university applications is January 12, 2011. However, it is the hope of our Guidance Department that all applications will be completed prior to the Christmas Break.

EXAM SCHEDULE

Exams for first term will be held from Thursday January 27th to Tuesday February 1st. Period 1 exams will be written on Day 1 (January 27th), Period 2 exams will be written on Day 2 (January 28th), Period 4 exams will be written on Day 3 (January 31st), and Period 5 exams will be written on Day 4 (February 1st). If any exam days are postponed due to weather cancellations, the postponed exams will be written on the next school day and the remaining exam schedule will be delayed by one day. Attendance for exams is mandatory. Please do not book any appointments on these dates.

STUDENT CARD DISCOUNTS

It pays to be a Sacred Heart Student! Show your student card at the following local businesses and receive a discount:

Walkerton -

- A&R Music - 10% off
- AJ Art Supplies - 10% off
- Flowers By Usss - 15% off
- Godfather's Pizza - Free pop with the purchase of a slice
- Holst Office Supplies - 10% off
- Joy Source For Sports - 10% off regular priced clothing
- Kisses Ladies Fashions - 10% off
- Lifeology - 10% off
- Phoenix - 20% off
- RJ's Video Store - \$1 off rental except on Wednesdays
- Shoe Shack - 10% off
- Simply Deli-cious - 5% off
- Subway - 1 free cookie with purchase
- Victor Lair Jeweller - 15% off

Hanover -

- Neo-Primitive - 10% off any merchandise
- McDonald's - Free pie with purchase of any extra value meal

OYAP

What do you plan to do with your future? Have you considered starting an apprenticeship while still in high school? Visit the Guidance Office for more information about the Ontario Youth Apprenticeship Program.



Go SHHS Go



CO-CURRICULAR ACTIVITIES

The fall season for co-curriculars is quickly drawing to a close. In the winter season, boys' basketball, girls' volleyball, boys' and girls' swimming and boys' and girls' hockey will be starting up. Students are encouraged to listen to upcoming announcements for try-out dates. Students may also talk to the coaches listed below for more information:

- Jr. Boys' Basketball - Mr. Striukas
 - Sr. Boys' Basketball - Mr. Dunn
 - Jr. Girls' Volleyball - Mrs. Wilkin
 - Sr. Girls' Volleyball - Mrs. Mount
 - Girls' Hockey - Mr. Johnson, Mr. Turcotte
 - Boys' Hockey - Mr. Orr, Mr. Hambrook, Mr. Vrolyk
 - Swimming - Mr. Kuntz
- Remember to get involved!

SHHS Cheerleading Team

The following students are members of the Cheerleading team for the 2010-2011 school year:

- Courtney Hicks – Captain
- Cassie Davidson – Co – Captain
- Amanda Love
- Aurora Ferrigno
- Celina Brown
- Erica Mawhinney
- Jelena Hetsler
- Marissa Lair
- Mikayla Ozorio
- Sharon Kerr
- Amelia Popiez
- Avery Lafortune
- Dominique Pilon
- Erin Love
- Leanne Bolden
- Marley Goetz
- Sara Vicente
- Shawna Poechman
- Taylor Schmidt

UPCOMING COMMUNITY EVENTS

November 13th 26th Annual Formosa Craft Show & Sale - Formosa Community Center
November 26th Mildmay Hanging of the Green - Parade Starts at 7:45 p.m.

UPCOMING EVENTS:

November 3 rd	National Take Our Kids to Work Day - Grade 9 Students
November 11 th	Remembrance Day Service
November 12 th	PD Day
November 15 th - 19 th	Grad Photos; Book Fair ; Art Sale and Auction
November 22 nd	School Council Meeting - 7:00 p.m.
November 23 rd	Mid-Term Report Cards Sent Home with Students
November 24 th	Early Dismissal Day - 1:19 p.m.
December 1 st	Cabaret - School Talent Show
December 6 th	Yellow Ribbon Program - Community Presentation - 7 p.m.
December 13 th	Interim Reports
January 27 th to February 2 nd	Exams
March 31 st	Literacy Test
June 29 th	Graduation - 7 p.m.

Thank you



The Manufacturing Program would like to thank our local businesses **Emke Schabb Climate Care** and **Larsen & Shaw Limited** for their donations of material. Our manufacturing program has been enhanced through your donations.

STUDENTS - PLEASE TAKE THIS NEWSLETTER HOME FOR YOUR PARENTS TO READ EACH MONTH!

